

# A HIKE



# THROUGH THE SWAMPLAND

Miguel Montero

Harvard

BIRS Online workshop “Geometry and the Swampland”

January 24th 2022



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# WARMING UP

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with any Swamp rangers we might encounter along the way

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**Please interrupt me!!**

(This is an interactive review talk!)

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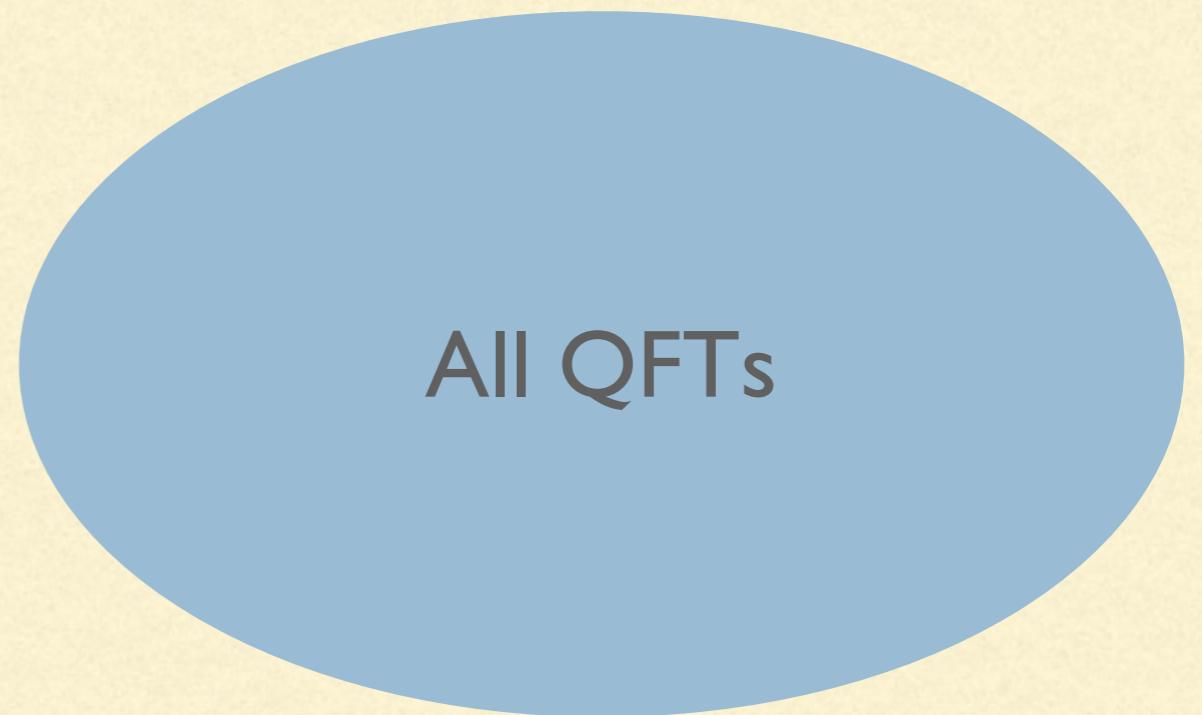
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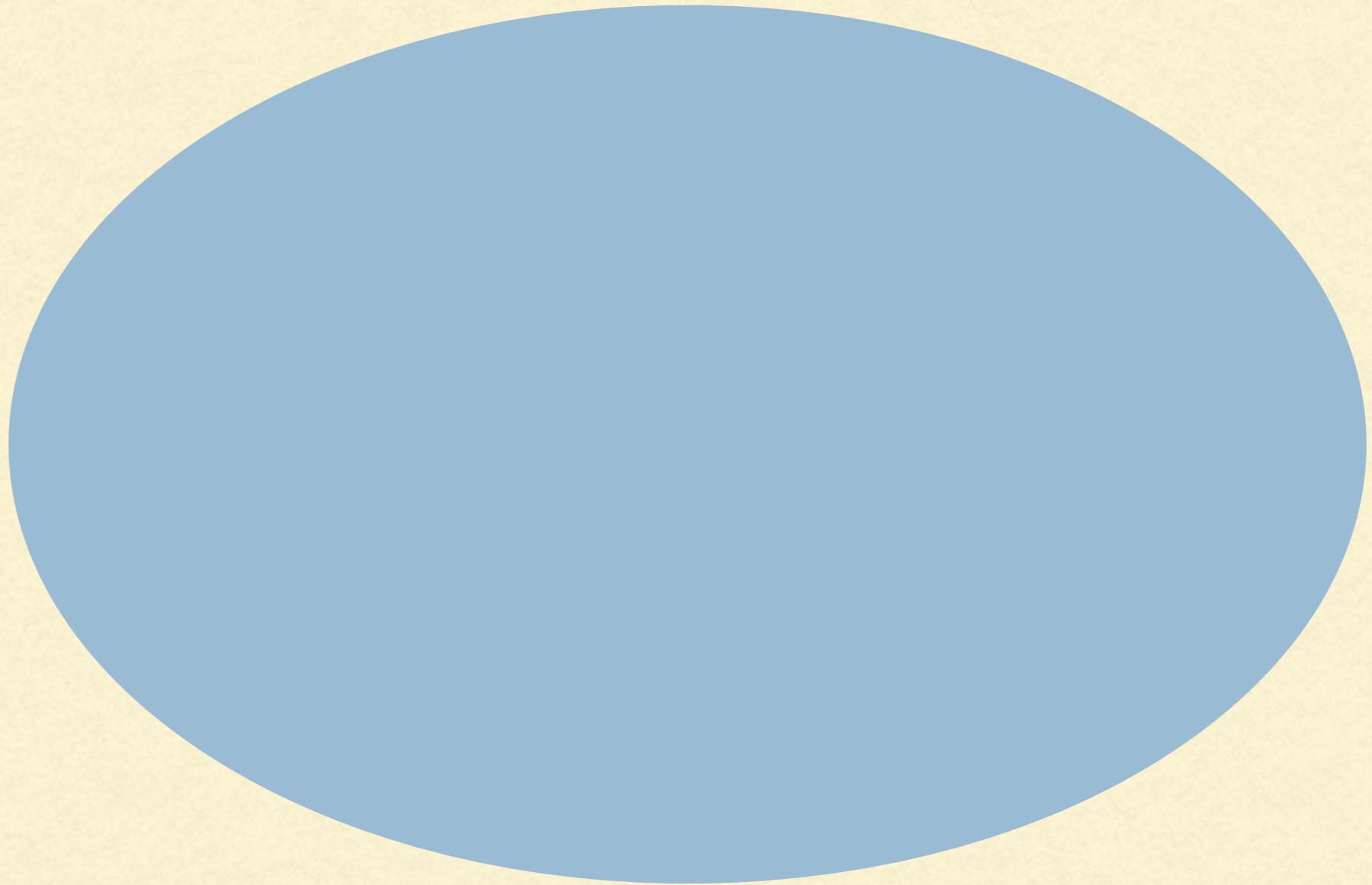
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Let us draw the space  
of **all** EFT's  
(finitely many fields, but  
nonrenorm. couplings  
etc allowed)

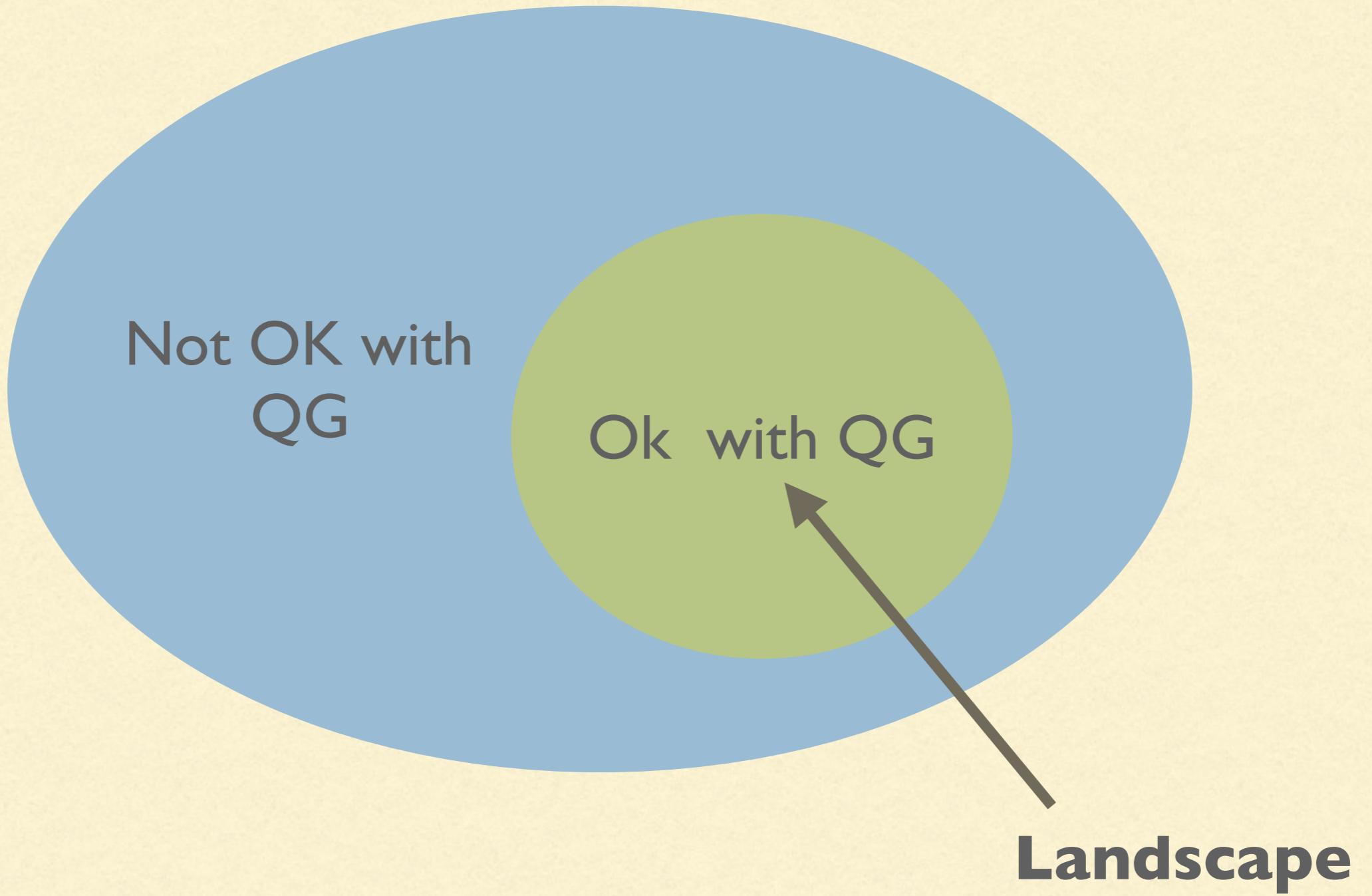


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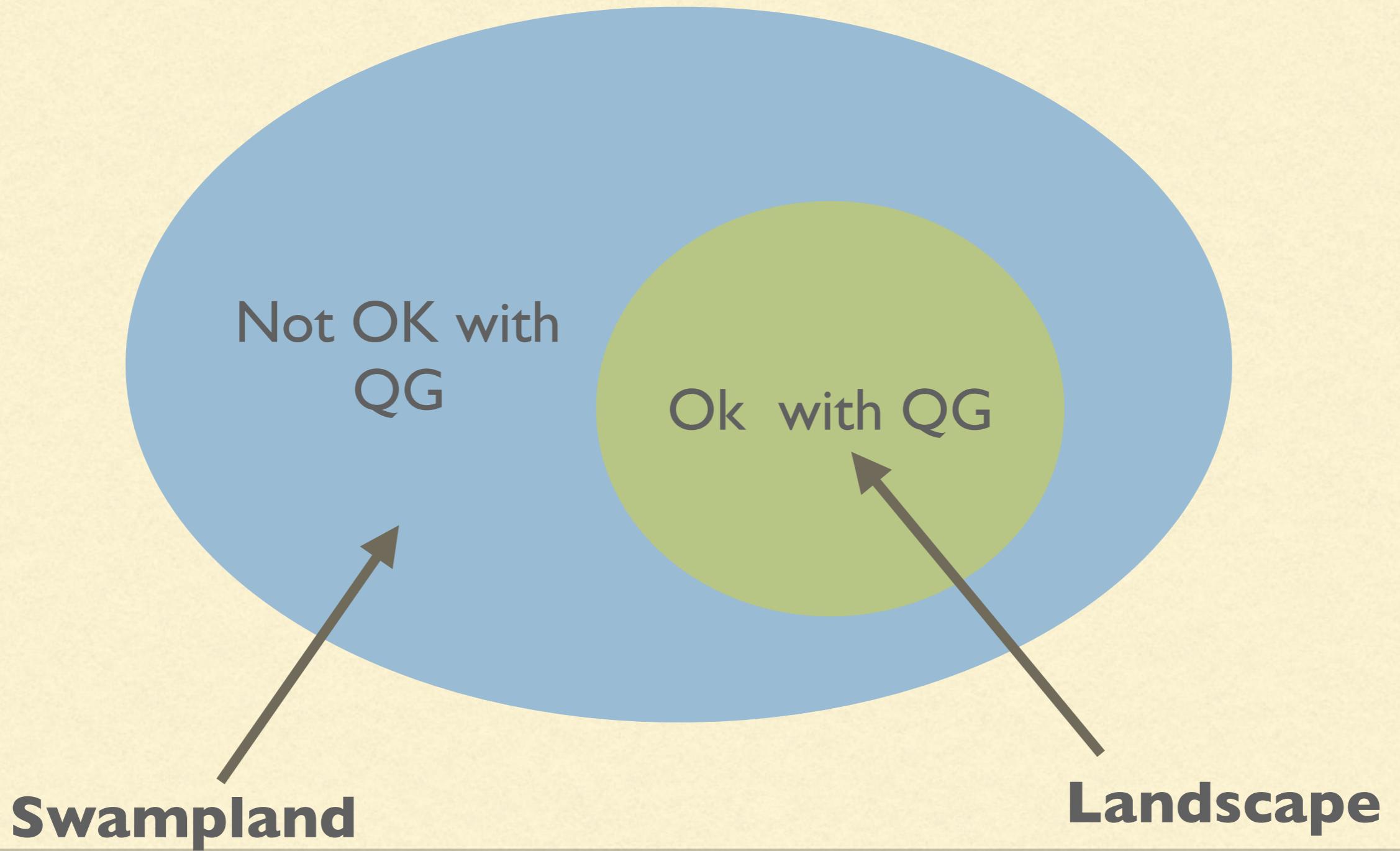
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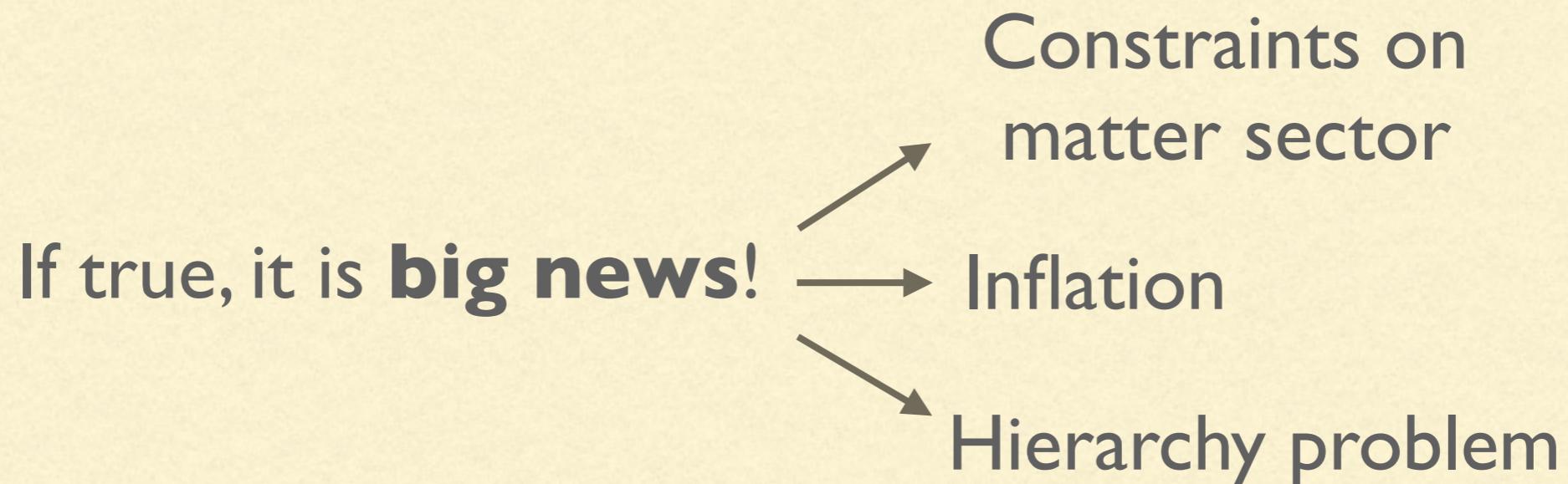
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→ Constraints on matter sector



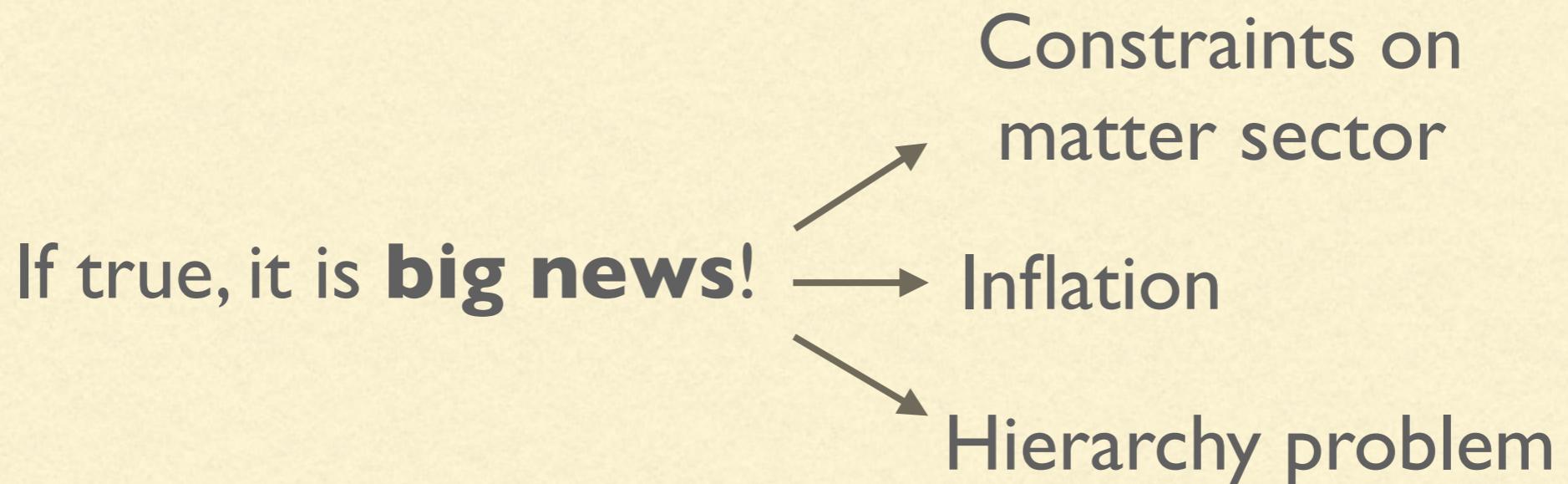
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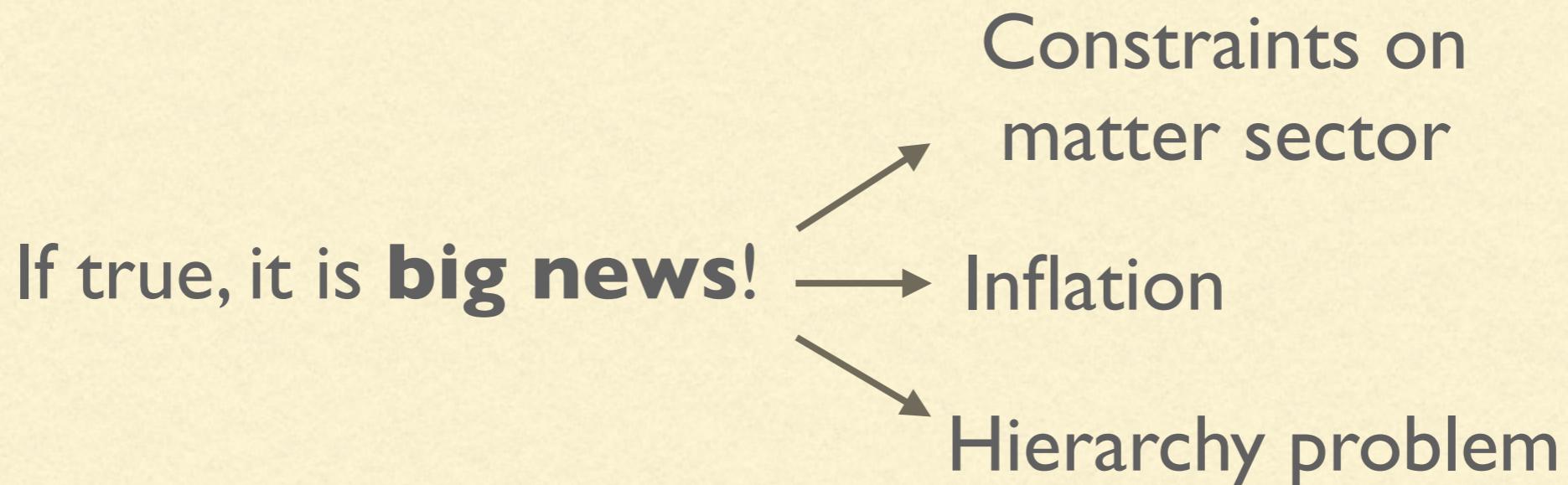


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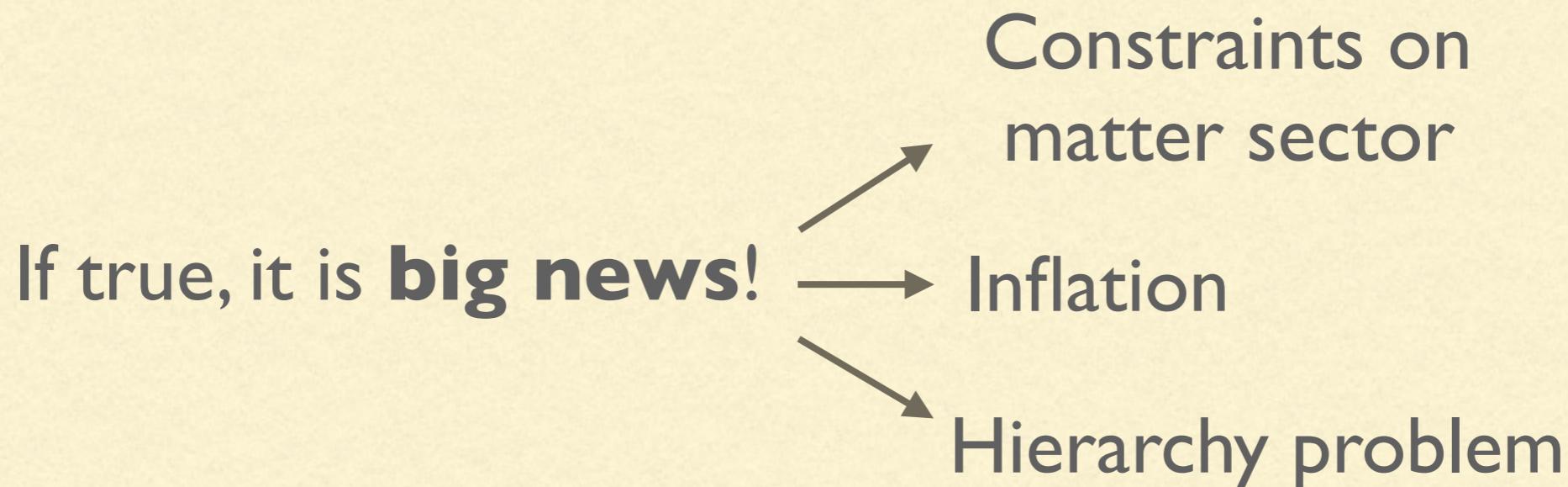


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  - ``Empirical evidence'' coming from **string theory**
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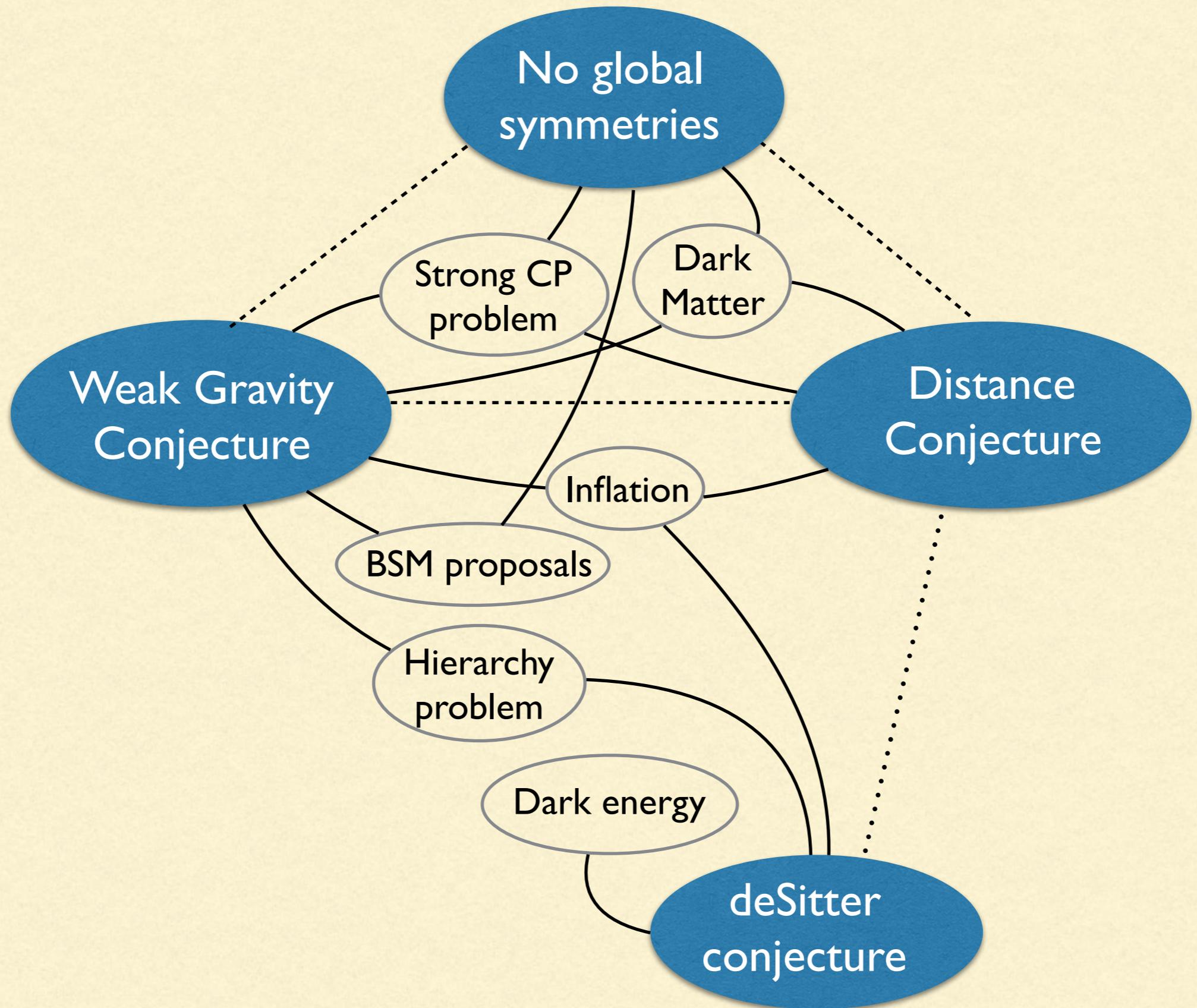
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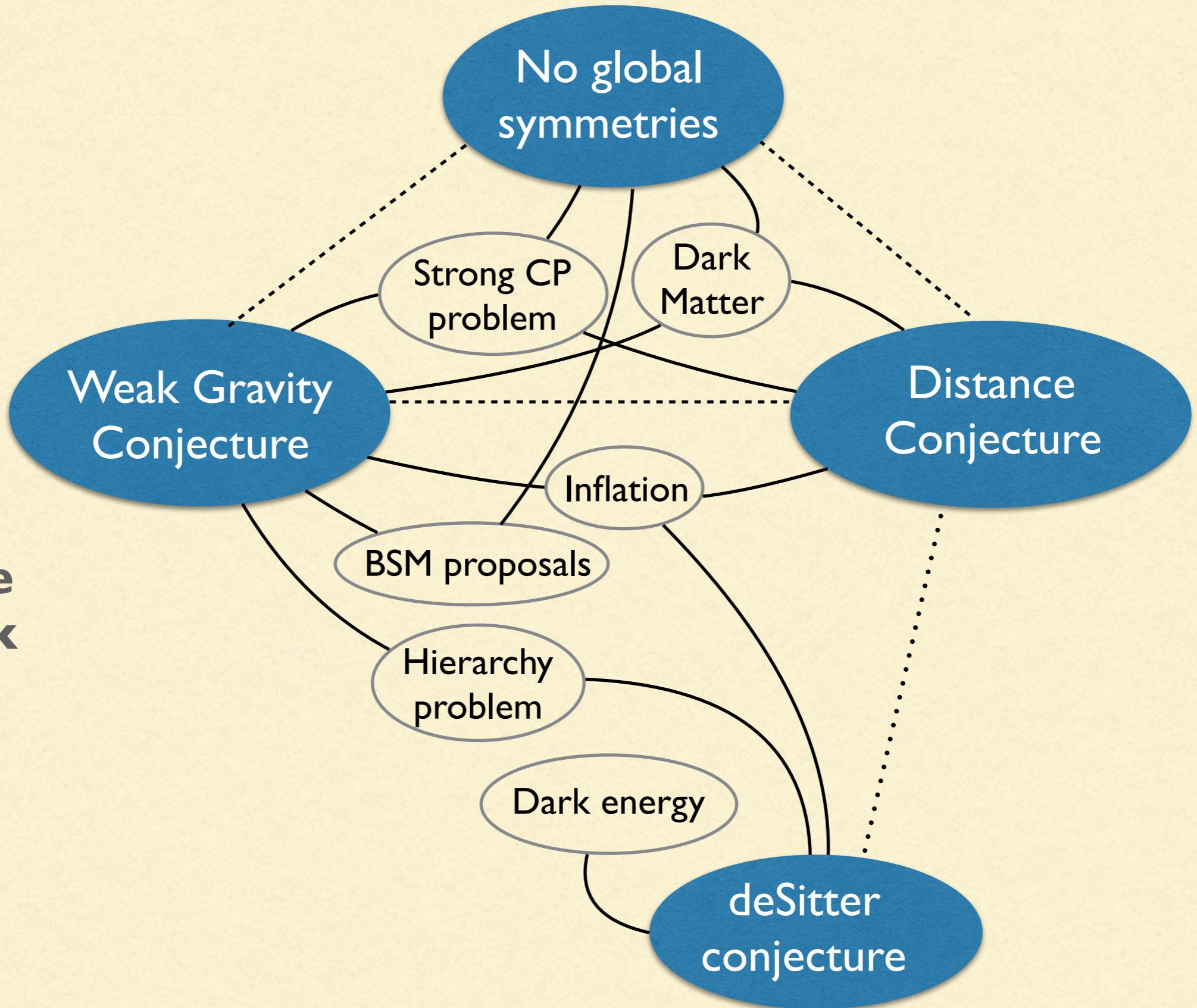
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So we organize our knowledge in terms of **conjectures**

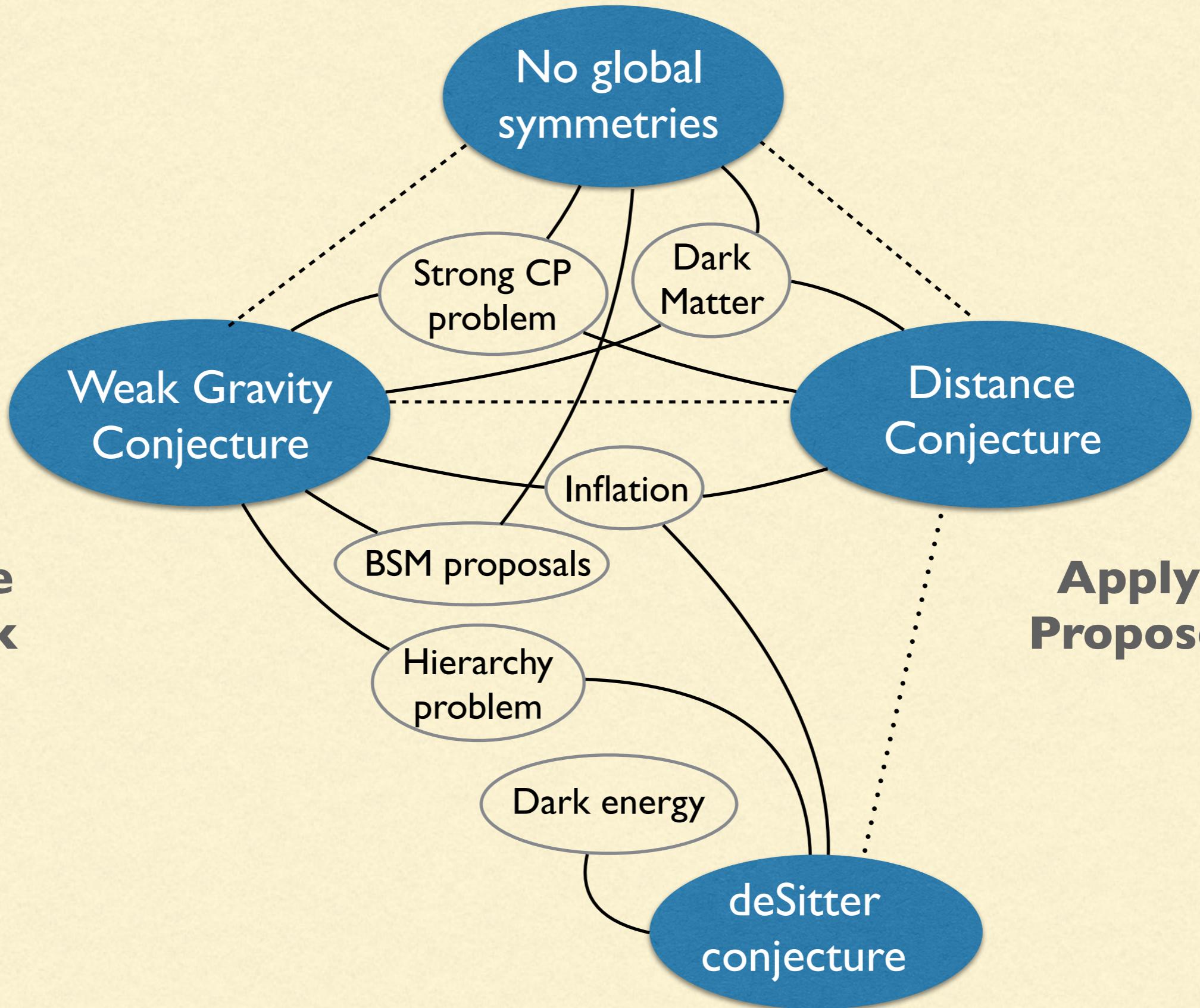
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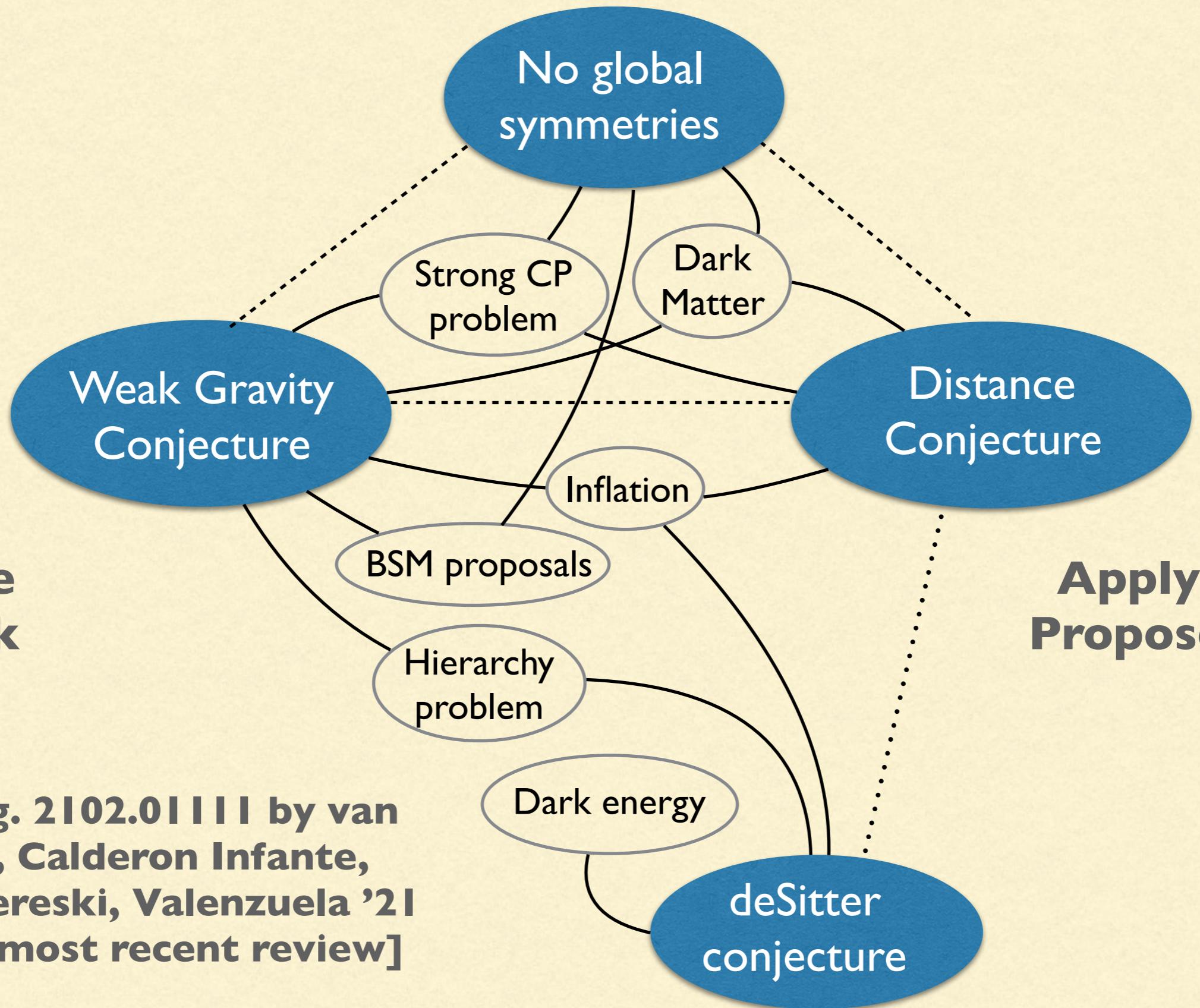
## Prove Check



**Prove  
Check**



**Apply  
Propose**



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# **No global symmetries**

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## **No global symmetries**

A symmetry/charge is a quantity conserved by **dynamical processes**

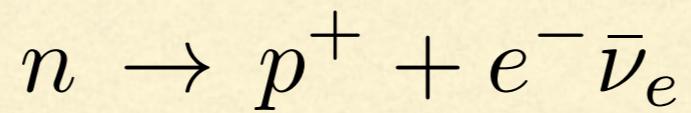
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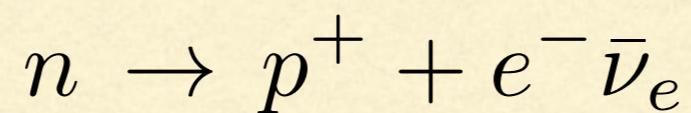
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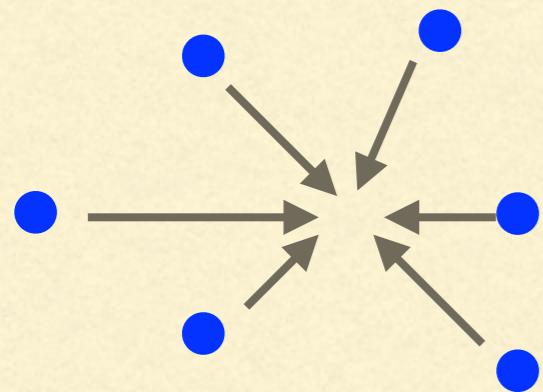
Swampland

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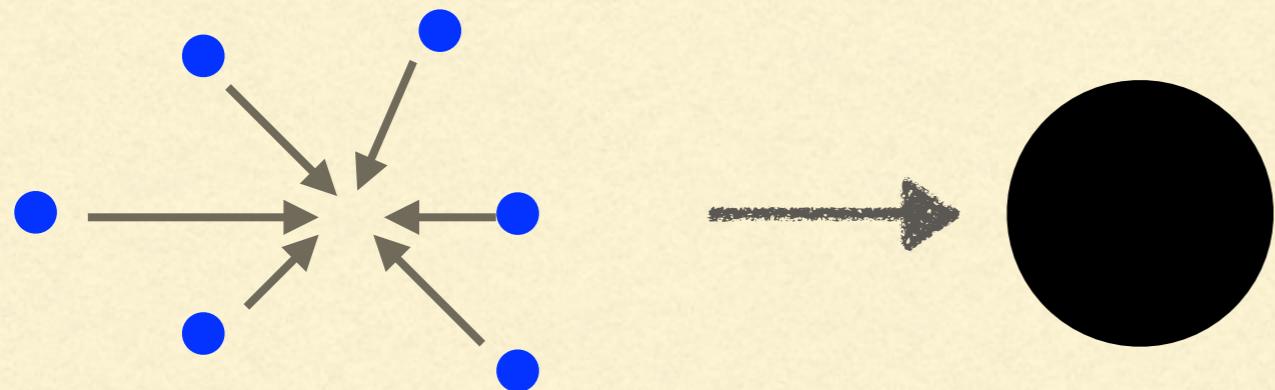
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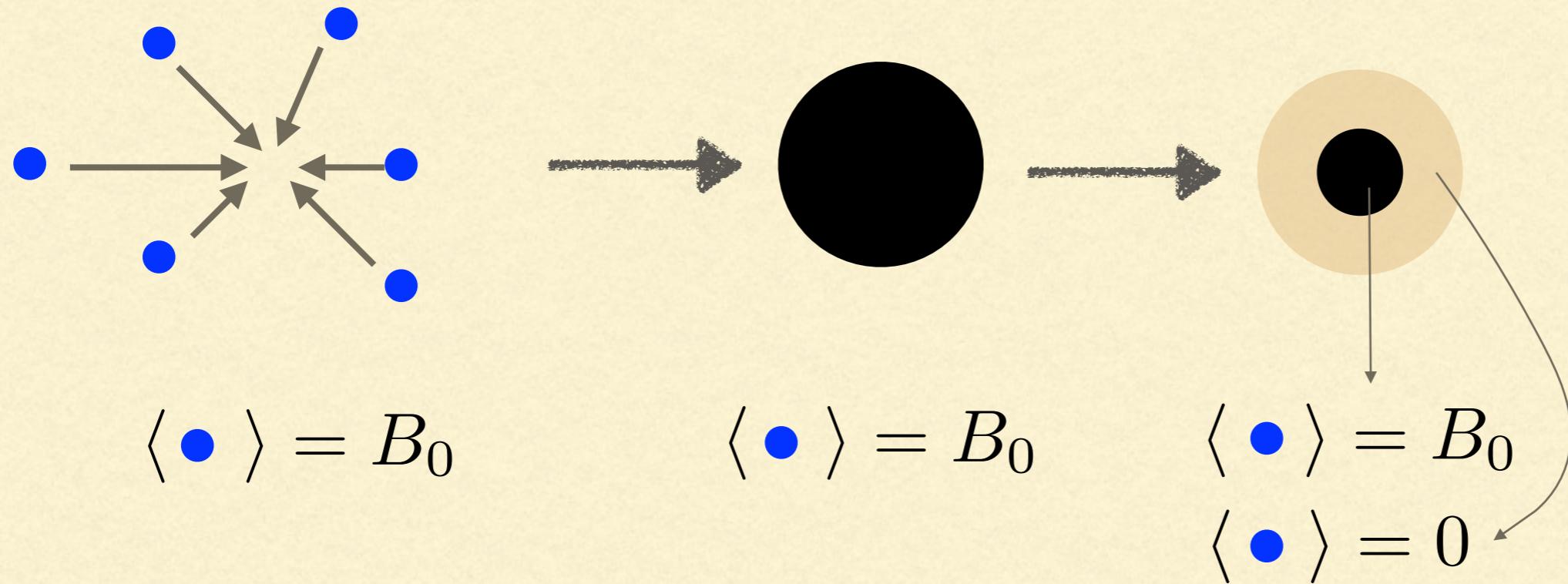
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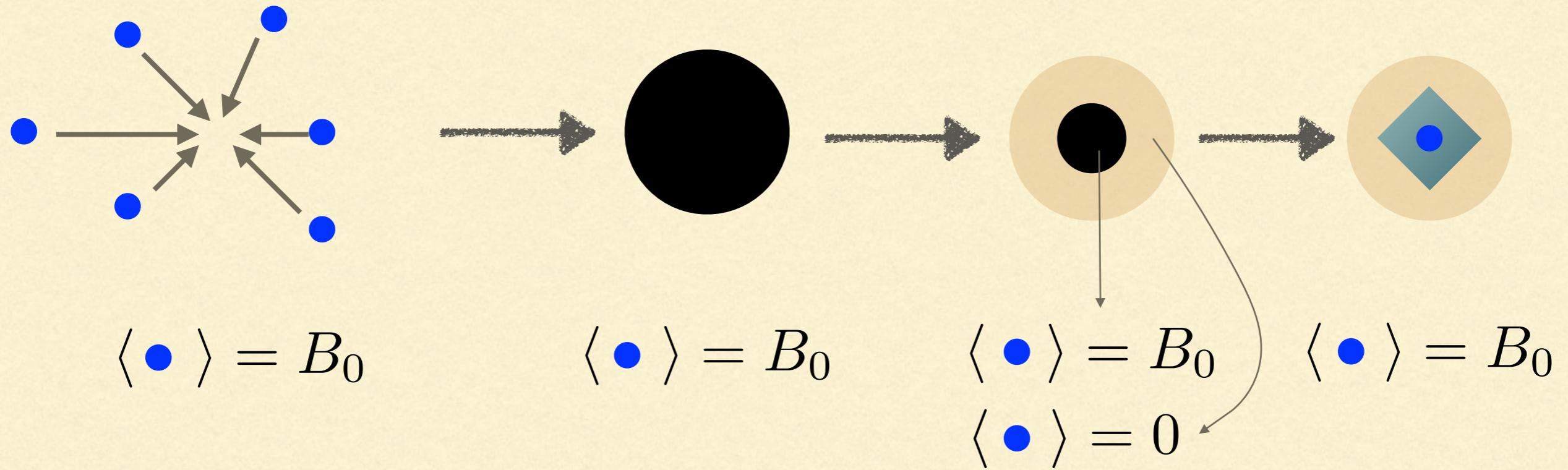
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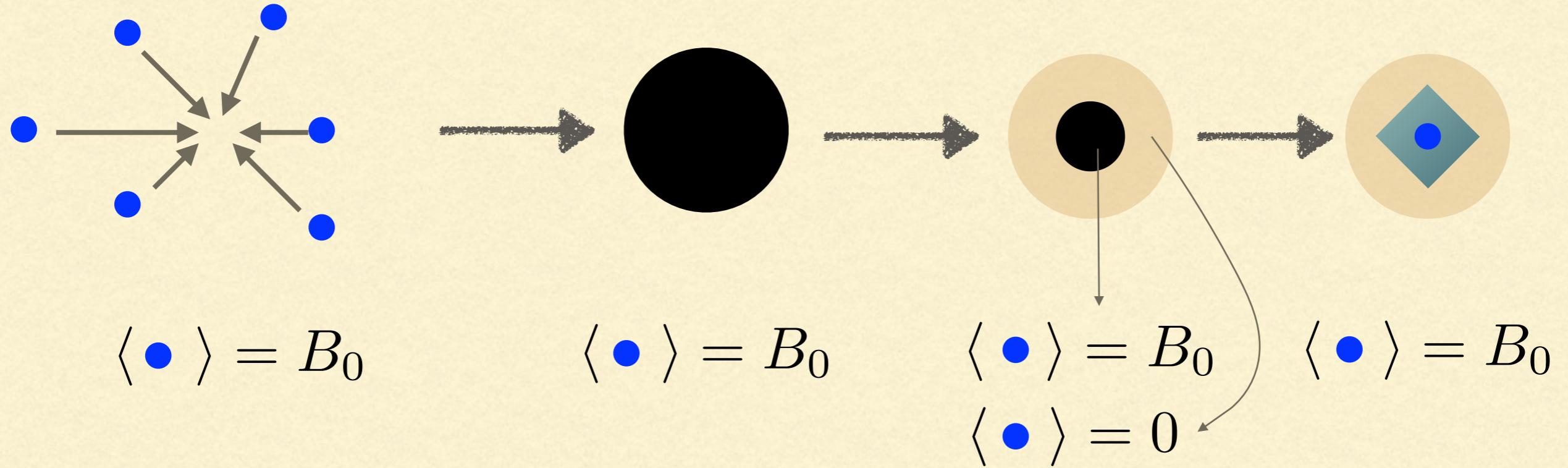
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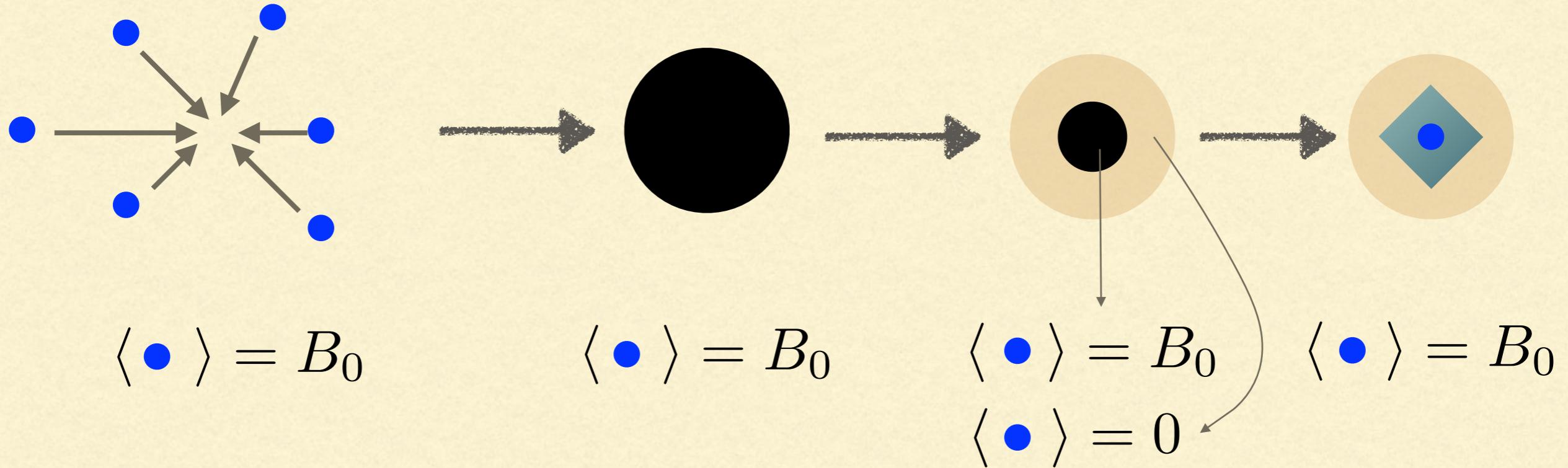


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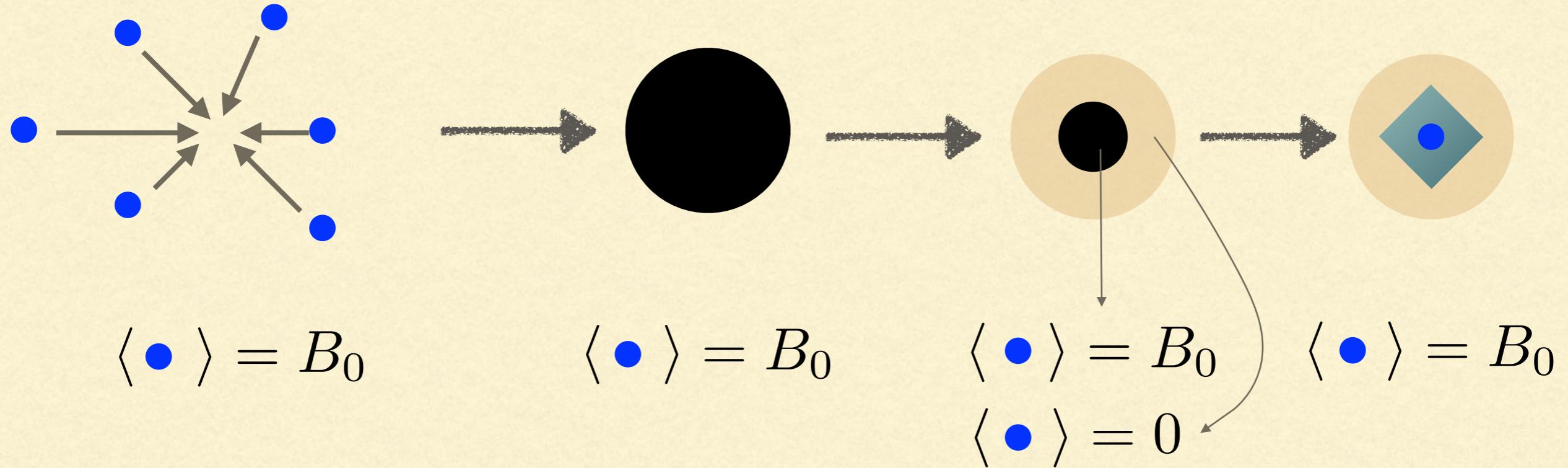
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Their contributions to loops would ruin any EFT



Black hole  
physics

Holography

No global  
symmetries

String  
theory

Lots of evidence:



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Always true in every ST example

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But combined with supersymmetry + anomalies, it becomes **very strong**

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<b>STRING UNIVERSALITY</b>	=	<b>STRING LAMPPOST PRINCIPLE</b>
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Swampland task is essentially **complete** in 8d, 9d at level of massless fields.

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Thus realizing **Coulomb branch** string universality

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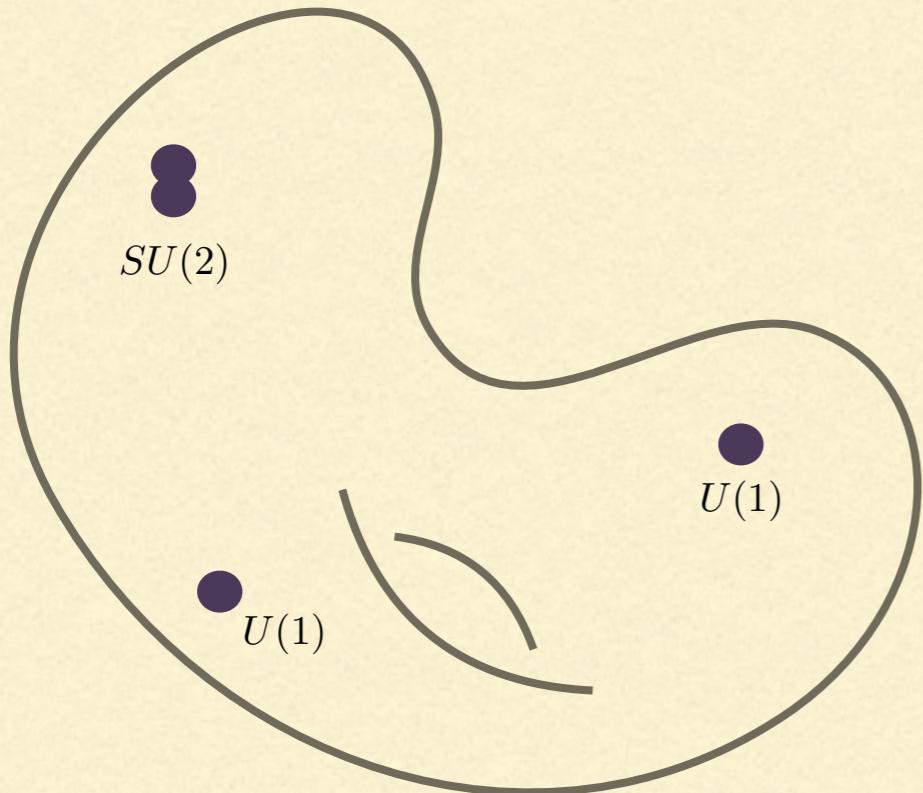
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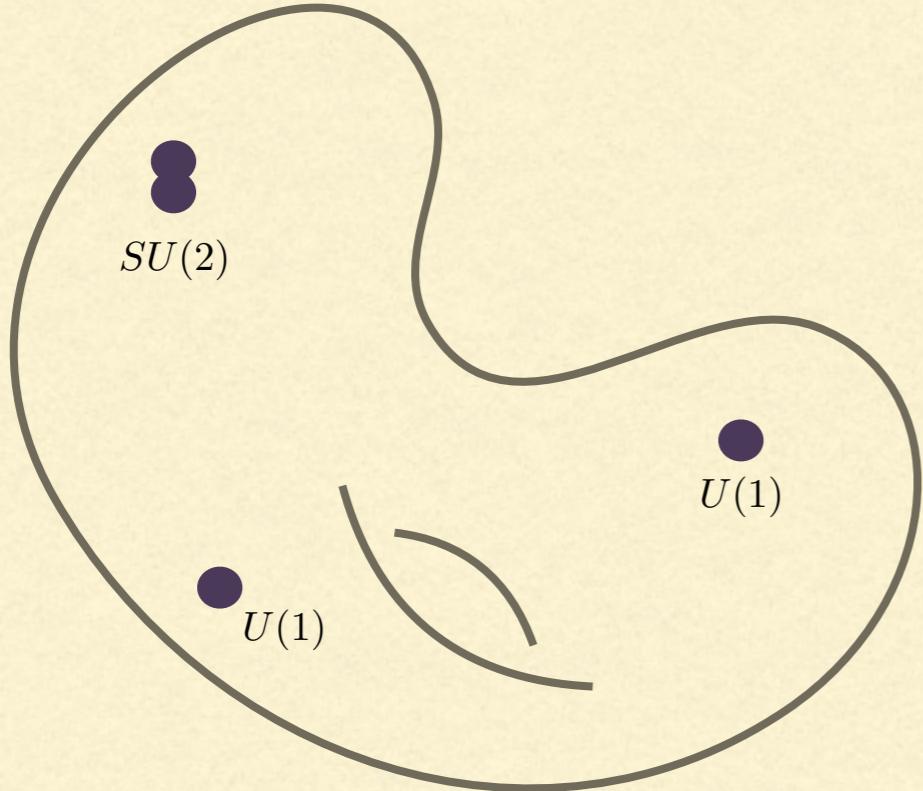
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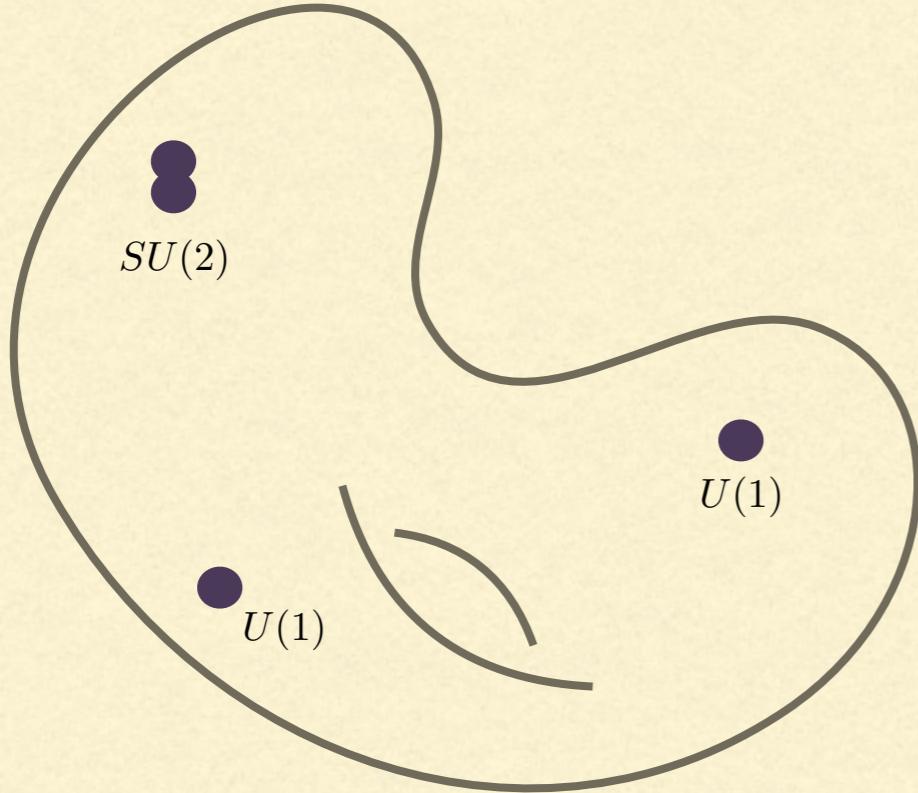


Algebra	$\dim(\mathfrak{g}) + \text{rank}(\mathfrak{g})$	$\neq 0 \bmod 8?$	Group	Real reps?
$A_k$	$k^2 + 3k$	$k \neq 0, 5 \bmod 8$	$SU(k+1)$	$\times$
			$PSU(k+1)$	$\checkmark$
$B_k$	$2k(2k+1)$	$k \equiv 1, 2 \bmod 4$	$Spin(2k+1)$	$\times$
			$SO(2k+1)$	$\checkmark$
$C_k$	$2k(2k+1)$	$k \equiv 1, 2 \bmod 4$	$Sp(k)$	$\times$
			$Sp(k)/\mathbb{Z}_2$	$\checkmark$
$D_k$	$2k^2$	$k \text{ odd}$	$Spin(2k)$	$\times$
			$SO(2k)$	$\checkmark$
			$Spin(2k)/\mathbb{Z}_4$	$\checkmark$
$E_6$	84	$\checkmark$	$E_6$	$\times$
			$E_6/\mathbb{Z}_3$	$\checkmark$
$E_7$	140	$\checkmark$	$E_7$	$\times$
			$E_7/\mathbb{Z}_2$	$\checkmark$
$E_8$	256	$\times$	$E_8$	$\checkmark$
$F_4$	56	$\times$	$F_4$	$\checkmark$
$G_2$	16	$\times$	$G_2$	$\checkmark$

There are also nontrivial predictions for the patterns of symmetry enhancement at special points in moduli space

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			$PSU(k+1)$	$\checkmark$
$B_k$	$2k(2k+1)$	$k \equiv 1, 2 \bmod 4$	$Spin(2k+1)$	$\times$
			$SO(2k+1)$	$\checkmark$
$C_k$	$2k(2k+1)$	$k \equiv 1, 2 \bmod 4$	$Sp(k)$	$\times$
			$Sp(k)/\mathbb{Z}_2$	$\checkmark$
$D_k$	$2k^2$	$k \text{ odd}$	$Spin(2k)$	$\times$
			$SO(2k)$	$\checkmark$
			$Spin(2k)/\mathbb{Z}_4$	$\checkmark$
$E_6$	84	$\checkmark$	$E_6$	$\times$
			$E_6/\mathbb{Z}_3$	$\checkmark$
$E_7$	140	$\checkmark$	$E_7$	$\times$
			$E_7/\mathbb{Z}_2$	$\checkmark$
$E_8$	256	$\times$	$E_8$	$\checkmark$
$F_4$	56	$\times$	$F_4$	$\checkmark$
$G_2$	16	$\times$	$G_2$	$\checkmark$

For e.g. rank 9 in 9d, this was a **Swampland prediction** which was later verified by ST calculations [Fraiman, Font, Graña, Parra '21]

There are also nontrivial predictions for the patterns of symmetry enhancement at special points in moduli space

---

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(e.g. only compact, hyperkahler manifolds are T4 and K3)

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Can we have **more than one string theory** with the exact same massless sugra?

(e.g. discrete theta angles in 11d M theory [Freed-Hopkins '19])

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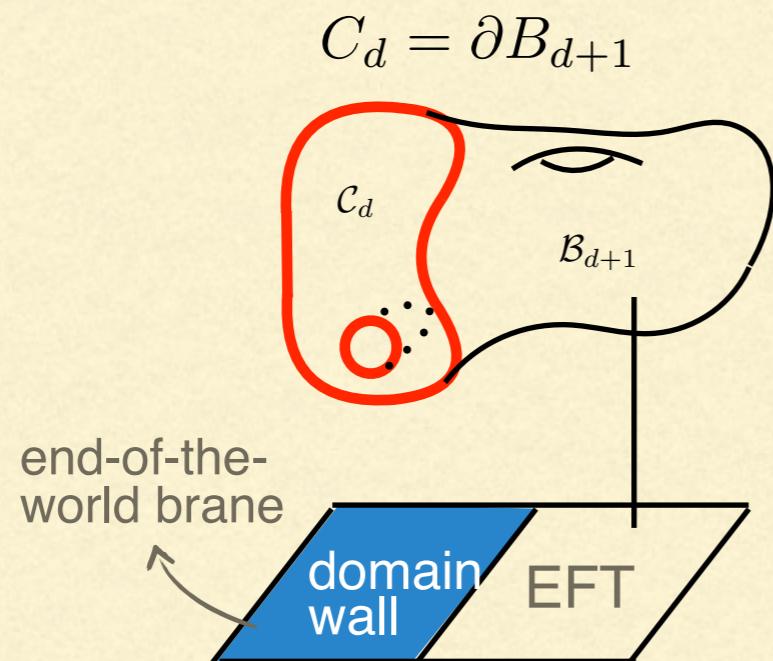
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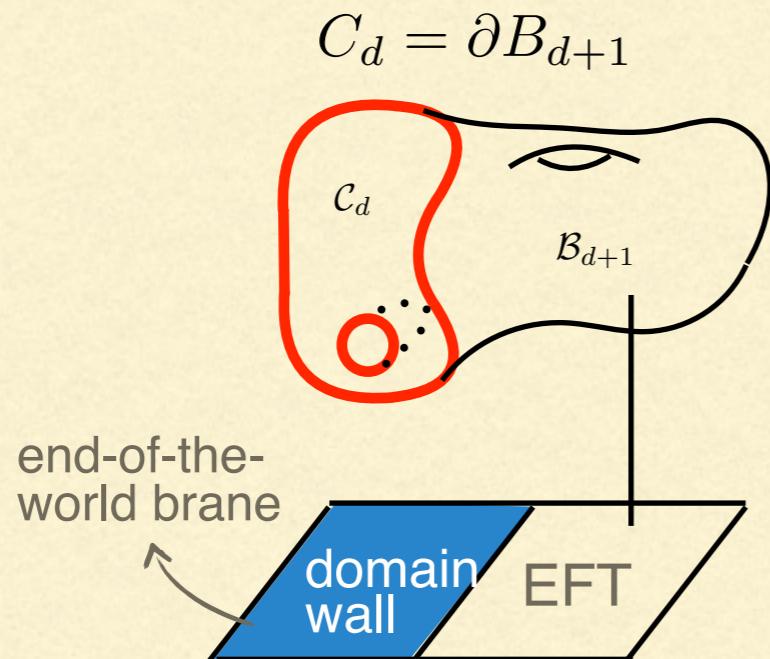


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$$\Omega^{\text{QG}} = 0$$

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All quantum gravities admit a **boundary condition**

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Fun connections with anomalies & algebraic topology, K-theory... [Blumenhagen-Cribiori '21]

**State-of-the art calculations in algebraic topology**

---

# The Weak Gravity Conjecture

[Arkani-Hamed, Motl, Nicolis, Vafa '06]

There has to be a particle whose **electric charge** is bigger than its mass in Planck units:

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Gravity is the **weakest force**

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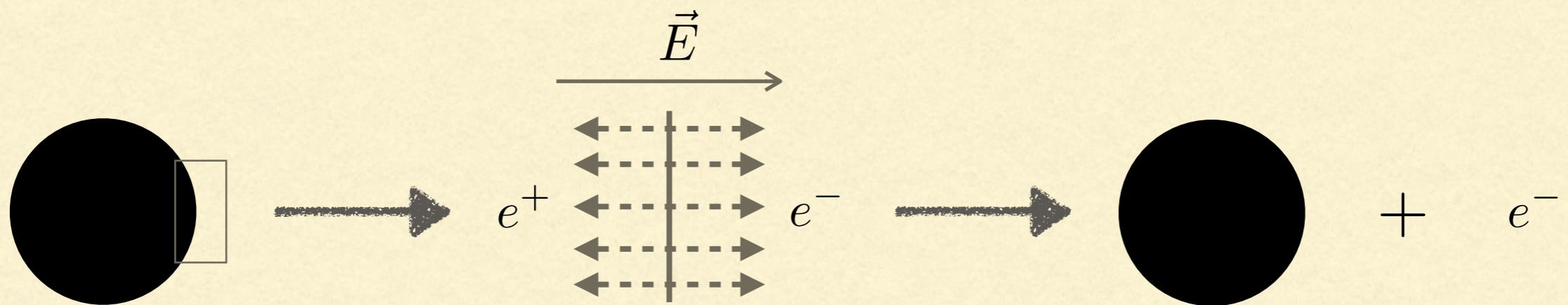
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Satisfied in real world by **electrons**, and related to kinematics of black hole evaporation



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**[Ooguri, Hamada, Shiu, Remmen, Cheung, Arkani-Hamed... '18, '19, '20, '21]**

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Last week's  
comprehensive  
review by Harlow,  
Heidenreich-  
Reece-Rudelius.  
Do check!

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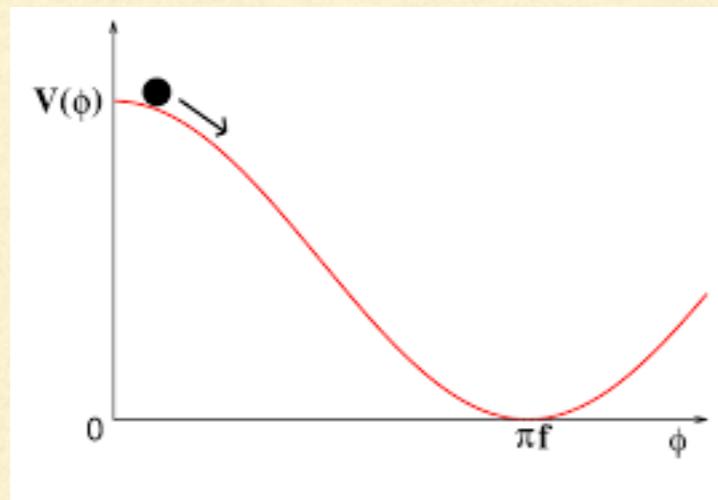
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WGC does not constrain the SM very much...  
...but puts constraints on models of **milli-charged dark matter**  
and models of **natural inflation**



$$V(\phi) \sim e^{-\frac{M_P}{f}} \cos(\phi/f)$$

puts upper bound on  
**cosmological observables**

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# **The Distance Conjecture**

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## The Distance Conjecture

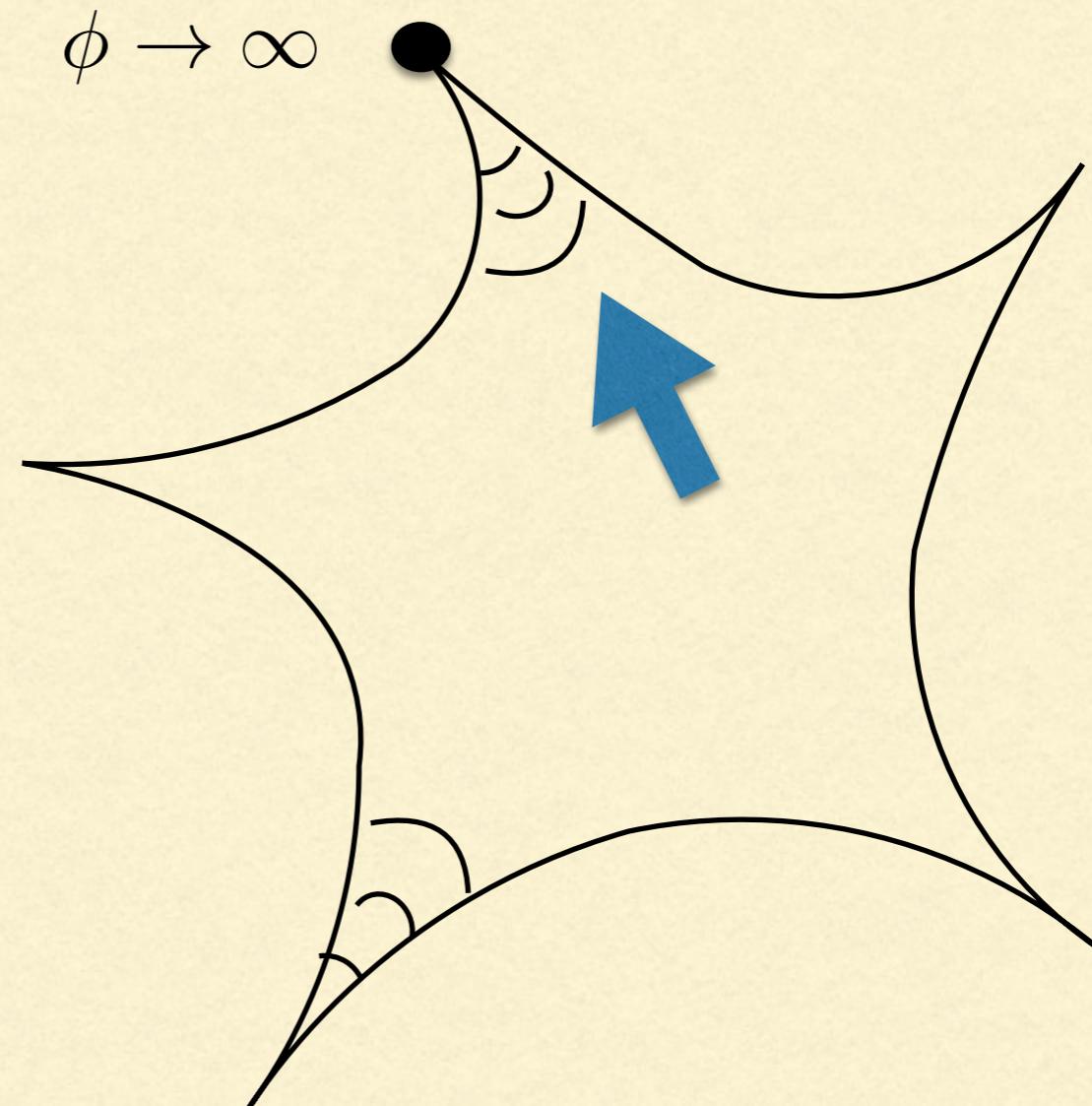
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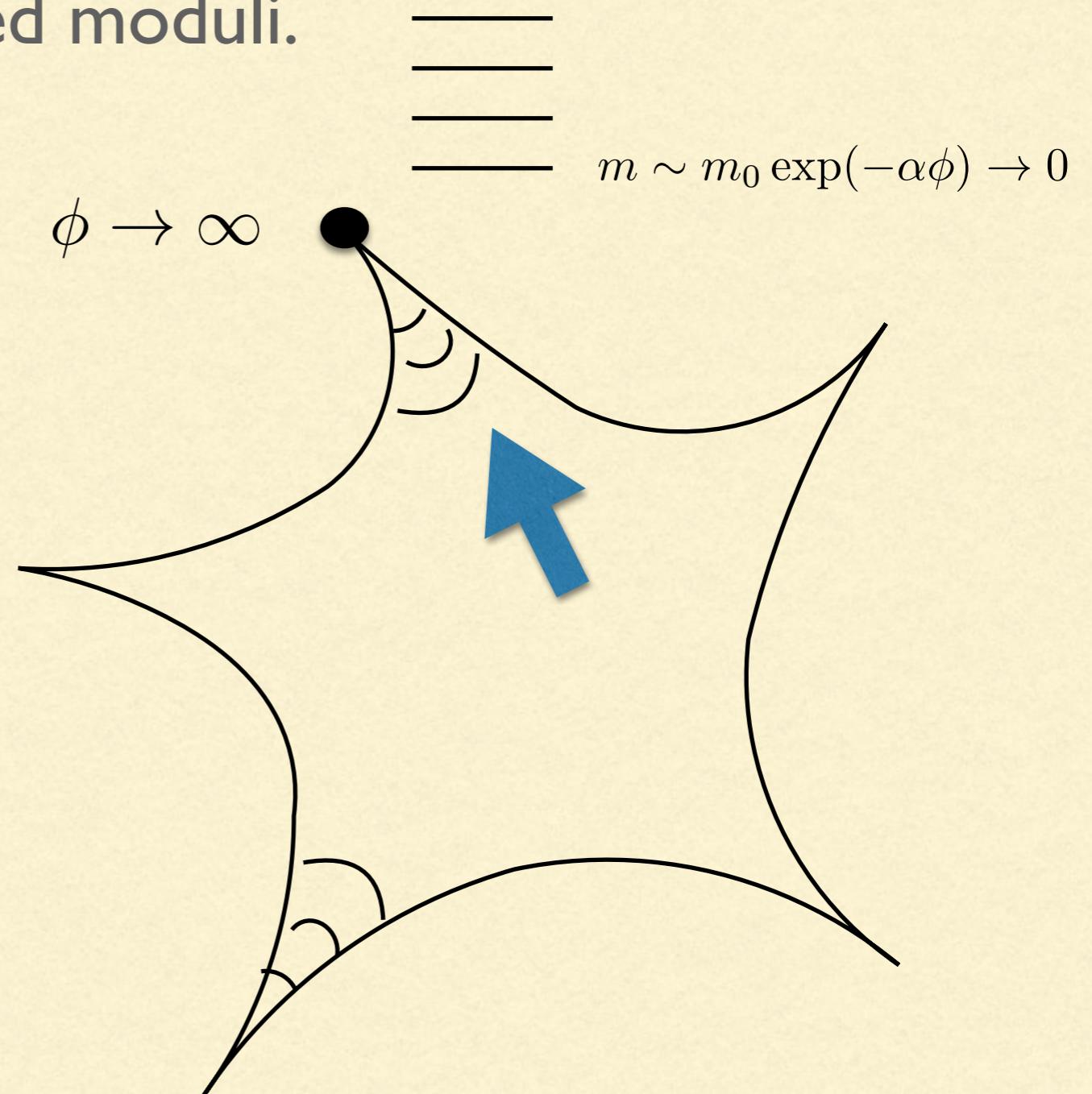


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**Empirical ST observation:** As a scalar gets a very large vev, many states become light with respect to Planck mass and EFT breaks down



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**Distance Conjecture:** These towers of states are **always** there at infinite distance limits

[Ooguri,Vafa '05]

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In 4d, intriguing connection to codimension-2 axion strings in moduli space

[Lanza-Marchesano-Martuci-Valenzuela '20, '21]

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Interesting connection to **geometry** “a la Seiberg-Witten”

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Moduli space holography? [ Grimm '21]

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**Is it really so bad to have a light tower of states during inflation?**

(SDC does not say anything about nature of coupling)  
(topological gravity? [Obied, Agrawal, Gukov, Vafa '19,'20])

---

The SDC also leads to predictions about **black hole extremality bound**

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There is even a black hole argument supporting it for limits where a gauge coupling vanishes

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**Emergence Proposal** [Harlow-Heidenreich-Reece-Rudelius-Grimm-Palti-Valenzuela '15,'18]

Infinite distance arises due loops of the tower of states!

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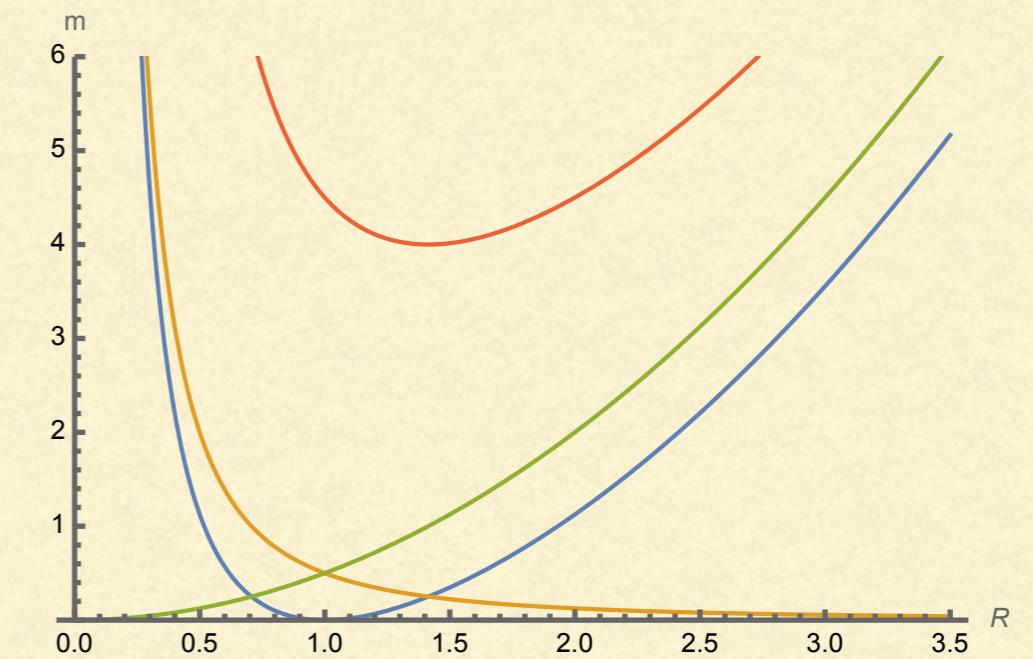
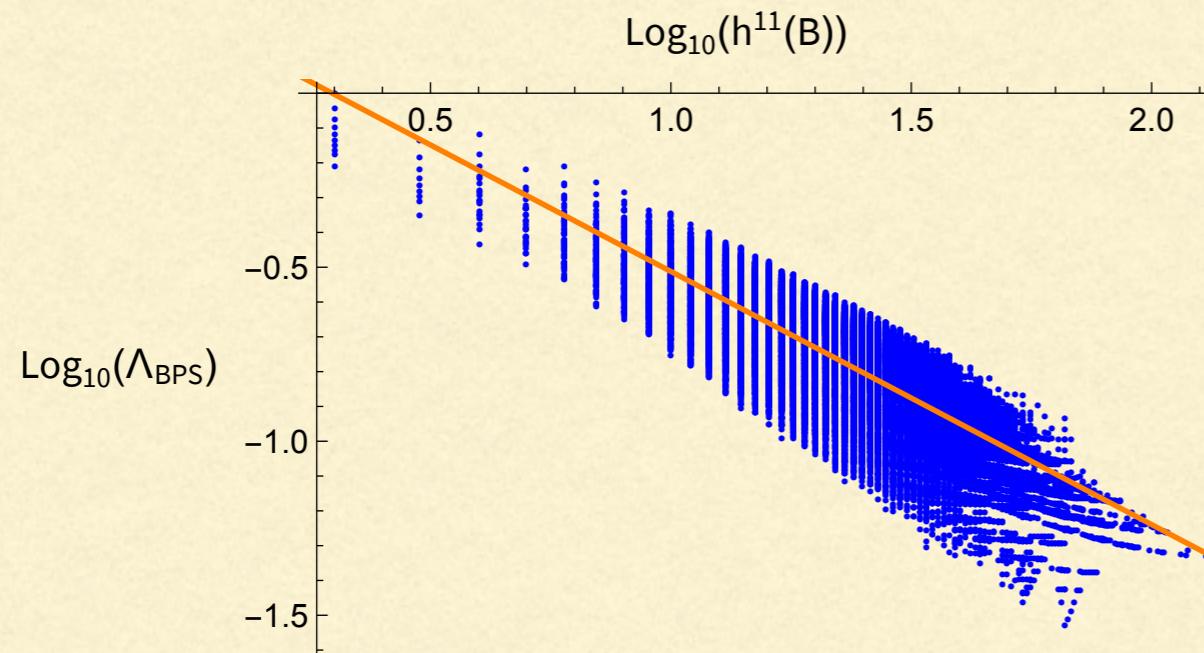
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These points are generically **desert-type** scenarios

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This is true in every example we know of, but only **asymptotically**

(maybe there is dS far away from asymptotic limits)

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As an example of this, I will describe ongoing work on what is called the **tadpole conjecture**

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To do this, I will first describe the existing constructions of dS for string theory.

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# **dS in three steps**

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I) Take a Calabi-Yau compactification ( $N=2$ , Minowski)

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Fun observation: #2 is way subtler than one might have thought, taking into account #4!

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Tadpole bound: 1/4 of number of moduli

$$\frac{1}{2} \int G_4 \wedge G_4 + N_{D3} - \frac{\chi}{24} = 0 \quad \chi \approx 6h^{3,1}$$

Charge induced to stabilize all moduli: > 1/4 of number of moduli

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**Tadpole Conjecture:** In ST with a large number of complex structure moduli, not all of them can be stabilized with fluxes [Bena-Blaback-Graña-Lust '20]  
[Marchesano-Prieto-Wiesner '21, Plauschinn '21]

(...except perhaps at special points with enhanced gauge symmetries)

Originally stated for F-theory on K3xK3

Tadpole bound: 1/4 of number of moduli

$$\frac{1}{2} \int G_4 \wedge G_4 + N_{D3} - \frac{\chi}{24} = 0 \quad \chi \approx 6h^{3,1}$$

Charge induced to stabilize all moduli: > 1/4 of number of moduli

**Is it true in general? Just violated at special points?  
Implications for dS?**

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Intriguing observation [Conlon-Ning-Revello '21]

Dual CFT operators to moduli have **integer dimensions**  $m^2 \ell^2 = \Delta(\Delta - 3)$

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Please, just ask during the Gather Town or any other time!

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and also why I am very excited to find out what we will **discover** together this week!

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# HOPE YOU ENJOYED THE HIKE!

