## Moments of random vectors

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(based on joint works with Piotr Nayar and Marta Strzelecka)

Banff, February 112020

## Strong and weak moments

Let $X$ be an $n$-dimensional random vector. In many problems one needs to estimate strong moments of $X$ with respect to a norm structure $\left(\mathbb{R}^{n},\|\cdot\|\right)$, i.e.

$$
M_{p}(X,\|\cdot\|):=\left(\mathbb{E}\|X\|^{p}\right)^{1 / p}=\left(\mathbb{E} \sup _{\|t\|_{*} \leq 1}|\langle t, X\rangle|^{p}\right)^{1 / p}, \quad p \geq 1
$$

Usually it is much easier to bound weak moments of $X$, defined as

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\sigma_{p}(X,\|\cdot\|):=\sup _{\|t\|_{*} \leq 1}\left(\mathbb{E}|\langle t, X\rangle|^{p}\right)^{1 / p}, \quad p \geq 1
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It is natural to investigate relations between these quantities.
Remark. Equivalently one may take bounded nonempty subsets $T \subset \mathbb{R}^{n}$ and define
$M_{p}(X, T):=\left(\mathbb{E} \sup _{t \in T}|\langle t, X\rangle|^{p}\right)^{1 / p}, \quad \sigma_{p}(X, T):=\sup _{t \in T}\left(\mathbb{E}|\langle t, X\rangle|^{p}\right)^{1 / p}$.

## Question 1

Obviously weak moments are smaller than strong moments. What about the reverse inequality?
Namely, for fixed $n$ and $p$ what is the best constant $C_{n, p}$ such that for any random vector $X$ and any bounded nonempty $T \subset \mathbb{R}^{n}$

$$
\left(\mathbb{E} \sup _{T}|\langle t, X\rangle|^{p}\right)^{1 / p} \leq C_{n, p} \sup ^{1}\left(\mathbb{E}|\langle t, X\rangle|^{p}\right)^{1 / p} ?
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By homogenity we may assume that weak moments are bounded by 1, i.e.

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T \subset \mathcal{M}_{p}(X):=\left\{t \in \mathbb{R}^{n}: \mathbb{E}|\langle t, X\rangle|^{p}=1\right\}
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$$
\sup _{t \in T}|\langle t, x\rangle| \leq\|t\|_{\mathcal{Z}_{p}(X)}:=\sup \left\{|\langle t, s\rangle|: \mathbb{E}|\langle t, X\rangle|^{p} \leq 1\right\}
$$

And our goal is to find best possible $C_{n, p}$ such that

$$
\left(\mathbb{E}\|X\|_{Z_{p}(X)}^{p}\right)^{1 / p} \leq C_{n, p}
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## Examples of $\mathcal{Z}_{p}(X)$-norms $/$ bodies

The unit ball in norm $\|\cdot\|_{\mathcal{Z}_{p}(X)}$ is denoted by $\mathcal{Z}_{p}(X)$ and is called the $L_{p}$-centroid body of (the distribution of) $X$. It was introduced (under a different normalization) for uniform distributions on convex bodies by Lutvak and Zhang (1997).

- If $X$ is isotropic then $\mathcal{Z}_{2}(X)=B_{2}^{n}$
- If $X$ is the standard Gaussian then $\mathcal{Z}_{p}(X) \sim \sqrt{p} B_{2}^{n}$
- If $X$ has the product symmetric exponential distribution then $\mathcal{Z}_{p}(X) \sim \sqrt{p} B_{2}^{n}+p B_{1}^{n}$
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- If $X$ has a symmetric log-concave distrubution (i.e. has the density $e^{-h}$ where $h: \mathbb{R}^{n} \rightarrow(-\infty, \infty]$ is convex) then

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where

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\Lambda_{X}^{*}:=\sup _{s}\left(\langle s, t\rangle-\Lambda_{X}(s)\right), \quad \Lambda_{X}(s):=\log \mathbb{E} \exp (\langle s, X\rangle)
$$

## Rotationally invariant vectors

Consider first a vector $X$ with rotationally invariant distribution. Then $X=R U$, where $U$ has a uniform distribution on $S^{n-1}$ and $R=|X|$ is a nonnegative random variable, independent of $U$.
have for any vector $t \in \mathbb{R}^{n}$ and $p \geq 2$,

Therefore
$\left(\mathbb{E} \mid\langle t, X\rangle \|^{p}\right)^{1 / p}=\|R\|_{L_{p}}\left\|U_{1}\right\|_{L_{p}}|t|$ and $\|t\|_{Z_{p}(X)}=\left\|U_{1}\right\|_{L_{p}^{1}}^{-1}\|R\|_{L_{p}^{-1}}^{-1}|t|$
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So
$\left(\mathbb{E}\|X\|_{\mathcal{Z}_{p}(X)}^{p}\right)^{1 / p}=\left\|U_{1}\right\|_{L_{p}}^{-1}\|R\|_{L_{p}}^{-1}\left(\mathbb{E}|X|^{p}\right)^{1 / p}=\left\|U_{1}\right\|_{L_{p}}^{-1} \sim \sqrt{\frac{n+p}{p}}$.

## Answer to Question 1

## Theorem (L-Nayar'19+)

For any n-dimensional random vector $X$ and any nonempty set $T$ in $\mathbb{R}^{n}$ and $p \geq 2$ we have

$$
\left(\mathbb{E} \sup _{t \in T}|\langle t, X\rangle|^{p}\right)^{1 / p} \leq 2 \sqrt{e} \sqrt{\frac{n+p}{p}} \sup _{t \in T}\left(\mathbb{E}|\langle t, X\rangle|^{p}\right)^{1 / p}
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Equivalently,

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\left(\mathbb{E}\|X\|_{\mathcal{Z}_{p}(X)}^{p}\right)^{1 / p} \leq 2 \sqrt{e} \sqrt{\frac{n+p}{p}} .
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The constant is of optimal order for rotationally invariant vectors.
However for some distributions it might be smaller Example Let $\mathbb{P}\left(X_{i}= \pm e_{i}\right)=1 /(2 n) i=1, \ldots, n$ then


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\|t\|_{\mathcal{M}_{p}(X)}=\|\langle t, X\rangle\|_{L_{p}}=n^{-1 / p}\|t\|_{p}, \quad\|t\|_{\mathcal{Z}_{p}(X)}=n^{1 / p}\|t\|_{q}
$$

$$
\text { so }\|X\|_{\mathcal{Z}_{p}(X)}=n^{1 / p} .
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## Concentration for Gaussian and exponential measures

The concentration of measure phenomenon for the canonical Gaussian measure $\gamma_{n}$ on $\mathbb{R}^{n}$ yields:

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\gamma_{n}(A) \geq \frac{1}{2} \Rightarrow \forall_{p \geq 2} 1-\gamma_{n}\left(A+C \sqrt{p} B_{2}^{n}\right) \leq e^{-p}\left(1-\gamma_{n}(A)\right)
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$\nu^{n}(A) \geq \frac{1}{2} \Rightarrow \forall_{p \geq 2} 1-\nu^{n}\left(A+C \sqrt{p} B_{2}^{n}+C p B_{1}^{n}\right) \leq e^{-p}\left(1-\nu^{n}(A)\right)$.
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$$
\mu(A) \geq \frac{1}{2} \Rightarrow \forall_{p \geq 2} 1-\mu\left(A+C \mathcal{Z}_{p}(\mu)\right) \leq e^{-p}(1-\mu(A))
$$

## Optimal concentration

It is not hard to show that if $\mu$ is a symmetric distribution on $\mathbb{R}^{n}$ (and 1-dimensional marginals of $\mu$ behave in a regular way) $p \geq p_{0}$ and $K$ is a convex set such that for any halfspace $H$

$$
1-\mu(H+K) \leq e^{-p}
$$

then $K \supset c \mathcal{Z}_{p}(\mu)$.
Therefore we say that a measure $\mu$ satisfies the optimal concentration with constant $C$ if

$$
\mu(A) \geq \frac{1}{2} \Rightarrow \forall_{p \geq 2} 1-\mu\left(A+C \mathcal{Z}_{p}(\mu)\right) \leq e^{-p}(1-\mu(A))
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## Optimal concentration for log-concave vectors

All centered product log-concave measures satisfy the optimal concentration inequality with a universal constant (L-Wojtaszczyk 2008).

A natural conjecture states that this is true also for nonproduct log-concave measures. Since $\mathcal{Z}_{p}(X) \subset C p B_{2}^{n}$ for isotropic log-concave vectors, this is stronger than the celebrated KLS conjecture on the boundedness of the Cheeger constant for isotropic log-concave measures .
It is known that KLS holds with constant $n^{1 / 4}$ (Lee-Vempala), we are able to show the optimal concentration with a worse constant (but better than $\sqrt{n}$ ).

## Corollary (L.-Nayar)

Every centered log-concave probability measure on $\mathbb{R}^{n}$ satisfies the
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Every centered log-concave probability measure on $\mathbb{R}^{n}$ satisfies the optimal concentration inequality with constant $\mathrm{Cn}^{5 / 12}$.

## p-summing operators

A linear operator $T$ between Banach spaces $F_{1}$ and $F_{2}$ is $p$-summing if there exists a constant $\alpha<\infty$, such that

$$
\forall_{x_{1}, \ldots x_{m} \in F_{1}}\left(\sum_{i=1}^{m}\left\|T x_{i}\right\|^{p}\right)^{1 / p} \leq \alpha \sup _{x^{*} \in F_{1}^{*},\left\|x^{*}\right\| \leq 1}\left(\sum_{i=1}^{m}\left|x^{*}\left(x_{i}\right)\right|^{p}\right)^{1 / p}
$$

The smallest constant $\alpha$ in the above inequality is called the $p$-summing norm of $T$ and denoted by $\pi_{p}(T)$. For a Banach space $F$ by $\pi_{p}(F)$ we denote the $p$-summing constant of the identity map of $F$.
It is well known that $\pi_{p}(F)<\infty$ if and only if $F$ is finite
dimensional. Moreover $\pi_{2}(F)=\sqrt{\operatorname{dim} F}$. Summing constants of some finite dimensional spaces were computed by Gordon. In particular he showed that

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\pi_{p}\left(\ell_{2}^{n}\right)=\left(\mathbb{E}\left|U_{1}\right|^{p}\right)^{-1 / p} \sim \sqrt{\frac{n+p}{p}}
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## p-summing constants of finite rank operators

## Corollary

For any finite dimensional Banach space $F$ and $p \geq 2$ we have

$$
\pi_{p}(F) \leq 2 \sqrt{e} \sqrt{\frac{\operatorname{dim} F+p}{p}} \leq C \pi_{p}\left(\ell_{2}^{\operatorname{dim} F}\right) .
$$

Proof. We apply the weak-strong comparison theorem for random vectors uniformly distributed on finite subsets of $F$ and $T$ the unit ball in $F^{*}$.

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## Corollary

Let $T$ be a finite rank linear operator between Banach spaces $F_{1}$ and $F_{2}$. Then the $p$-absolutely summing constant of $T$ satisfies

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\pi_{\rho}(T) \leq 2 \sqrt{e} \sqrt{\frac{\mathrm{rk}(T)+p}{p}}\|T\| .
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## Strong and weak moments for Gaussian vectors

Let $G=\left(g_{1}, \ldots, g_{n}\right)$, where $g_{i}$ are i.i.d. $\mathcal{N}(0,1)$. Gaussian concentration states that for any L-Lipschitz function $f$,

$$
\mathbb{P}(|f(G)-\mathbb{E} f(G)| \geq t) \leq \exp \left(-\frac{t^{2}}{2 L^{2}}\right)
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Integrating by parts we get for $p \geq 1$,

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\left(\mathbb{E}|f(G)-\mathbb{E} f(G)|^{p}\right)^{1 / p} \leq C \sqrt{p} L .
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## Hence by the triangle inequality in $L_{p}$,

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\|f(G)\|_{L_{p}} \leq|\mathbb{E} f(G)|+C \sqrt{p} L .
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The function $x \mapsto \sup _{t \in T}|\langle t, x\rangle|$ has the Lipschitz constant $\sup _{t \in T}|t|$, moreover $\left\|\sum_{i} t_{i} g_{i}\right\|_{L_{p}}=|t|\left\|g_{1}\right\|_{L_{p}} \sim|t| \sqrt{p}$, therefore


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$$

## Question 2

What should we assume about distribution of random $n$-dimensional vector $X$ in order to have for any nonempty bounded $T \subset \mathbb{R}^{n}$ and any $p \geq 2$,
$\left(\mathbb{E} \sup _{t \in T}|\langle t, X\rangle|^{p}\right)^{1 / p} \leq C_{1} \mathbb{E} \sup _{t \in T}|\langle t, X\rangle|+C_{2} \sup _{t \in T}\left(\mathbb{E}|\langle t, X\rangle|^{p}\right)^{1 / p}$.
with some universal constants $C_{1}, C_{2}$ ?

## Rademachers and variables with log-concave tails

In the case when $X_{i}$ is the Rademacher sequence (i.e. sequence of i.i.d. symmetric $\pm 1$-valued r.v's) Dilworth and Montgomery-Smith (1993) showed that
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This inequality was generalized (L. 1996) to the case when $X_{i}$ are symmetric with log-concave tails (i.e. $t \mapsto \ln \mathbb{P}\left(\left|X_{i}\right| \geq t\right)$ is concave from $[0, \infty)$ to $[-\infty, 0]$ )

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## Variables with sublinear growths of moments

One may show that for a r.v's $X$ with log-concave tails
$\|X\|_{L_{p}} \leq 2 \frac{p}{q}\|X\|_{L_{q}}$ for $p \geq q \geq 1$.
L.-Tkocz (2015) proved that if $X_{i}$ are independent, centered and

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\left\|X_{i}\right\|_{L_{p}} \leq \alpha \frac{p}{q}\left\|X_{i}\right\|_{L_{q}} \text { for } p \geq q \geq 1
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then
$\left(\mathbb{E} \sup _{t \in T}\left|\sum_{i=1}^{n} t_{i} X_{i}\right|^{p}\right)^{\frac{1}{p}} \leq C_{1}(\alpha) \mathbb{E} \sup _{t \in T}\left|\sum_{i=1}^{n} t_{i} X_{i}\right|+C_{2}(\alpha) \sup _{t \in T}\left(\mathbb{E}\left|\sum_{i=1}^{n} t_{i} X_{i}\right|^{p}\right)^{\frac{1}{p}}$.
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## Answer to Question 2 under independence of coordinates

## Theorem (L-Strzelecka'18)

Let $X_{1}, \ldots, X_{n}$ be centered, independent and

$$
\begin{equation*}
\left\|X_{i}\right\|_{L_{2 p}} \leq \alpha\left\|X_{i}\right\|_{L_{p}} \quad \text { for } p \geq 2 \text { and } i=1, \ldots, n, \tag{1}
\end{equation*}
$$

where $\alpha$ is a finite positive constant. Then for $p \geq 1$ and $T \subset \mathbb{R}^{n}$,
$\left(\mathbb{E} \sup _{t \in T}\left|\sum_{i=1}^{n} t_{i} X_{i}\right|^{p}\right)^{\frac{1}{p}} \leq C(\alpha)\left[\mathbb{E} \sup _{t \in T}\left|\sum_{i=1}^{n} t_{i} X_{i}\right|+\sup _{t \in T}\left(\mathbb{E}\left|\sum_{i=1}^{n} t_{i} X_{i}\right|^{p}\right)^{\frac{1}{p}}\right]$,
where $C(\alpha)$ is a constant depending only on $\alpha$.
Remark. Symmetric r.v's such that $\mathbb{P}\left(\left|X_{i}\right| \geq t\right)=\exp \left(-t^{r}\right)$,
$r \in(0,1)$ satisfy the asumptions, but do not have exponential
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## Optimality of the assumptions

It turns out that in the i.i.d case the result may be reversed, i.e. condition (2) implies (1).

## Theorem (L-Strzelecka)

Let $X_{1}, X_{2}, \ldots$ be i.i.d. random variables. Assume that there exists a constant $L$ such that for every $p \geq 1$, every $n$ and every non-empty set $T \subset \mathbb{R}^{n}$ we have
$\left(\mathbb{E} \sup _{t \in T}\left|\sum_{i=1}^{n} t_{i} X_{i}\right|^{p}\right)^{1 / p} \leq L\left[\mathbb{E} \sup _{t \in T}\left|\sum_{i=1}^{n} t_{i} X_{i}\right|+\sup _{t \in T}\left(\mathbb{E}\left|\sum_{i=1}^{n} t_{i} X_{i}\right|^{p}\right)^{1 / p}\right]$.
Then

$$
\left\|X_{1}\right\|_{L_{2 p}} \leq \alpha(L)\left\|X_{1}\right\|_{L_{p}} \quad \text { for } p \geq 2
$$

where $\alpha(L)$ is a constant which depends only on $L \geq 1$.

The seminal result of Paouris shows that one may compare strong and weak $\ell_{2}$-norms of log-concave random vectors.

## Theorem (Paouris 2006)

Let $X$ be a log-concave vector. Then for $p \geq 1$,

$$
\left(\mathbb{E}|X|^{p}\right)^{1 / p} \leq C_{1} \mathbb{E}|X|+C_{2} \sup _{|t| \leq 1}\left(\mathbb{E}|\langle t, X\rangle|^{p}\right)^{1 / p}
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where $C_{1}, C_{2}$ are universal constants.
It is not known if one may take $C_{1}=1$ and whether the inequality holds for all norms.

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## Example

Let $X=g Y$, where $Y$ has uniform distribution $S^{n-1}$ and $g$ is $N(0,1)$ r.v. independent of $Y$. Then

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\left(\mathbb{E}|g Y|^{p}\right)^{1 / p}=\|g\|_{L_{p}} \sim \sqrt{p},
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and

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\|\langle t, g Y\rangle\|_{L_{p}}=\|g\|_{L_{p}}\|\langle t, Y\rangle\|_{L_{p}} \sim p|t| / \sqrt{n} \quad \text { for } p \leq n .
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If we take $p=\sqrt{n}$ we see that if Paouris-type inequality holds for $X$ :

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\left(\mathbb{E}|X|^{p}\right)^{1 / p} \leq C\left(\mathbb{E}|X|+\sup _{|t| \leq 1}\left(\mathbb{E}|\langle t, X\rangle|^{p}\right)^{1 / p}\right)
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then $\max \left\{C_{1}, C_{2}\right\} \geq c n^{1 / 4}$. On the other hand random variables $\langle t, X\rangle$ are very regular.
Open problem. Characterize (or at least state quite general sufficient conditions) all random vectors that satisfy the Paouris inequality.

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## Paouris-type inequality for $\ell_{r}$-norms

## Theorem (L, Strzelecka 2016)

Let $X$ be a log-concave random vector, $r<\infty$ and $\|\cdot\|$ be a norm on $\mathbb{R}^{n}$ such that $\left(\mathbb{R}^{n},\|\cdot\|\right)$ embeds isometrically in $\ell_{r}$. Then

$$
\begin{equation*}
\left(\mathbb{E}\|X\|^{p}\right)^{1 / p} \leq C r\left(\mathbb{E}\|X\|+\sup _{\|t\|_{*} \leq 1}\left(\mathbb{E}|\langle t, X\rangle|^{p}\right)^{1 / p}\right) \tag{3}
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where $C$ is a universal constant and $\|\cdot\|_{*}$ denotes the dual norm.
Conjecture. Inequality holds with universal constant $C$ instead of Cr for log-concave vectors and arbitrary norm.

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Thank you for your attention!

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