

# Driving cytoskeletal remodeling by extracellular matrix mechanics

Response to matrix stiffness:

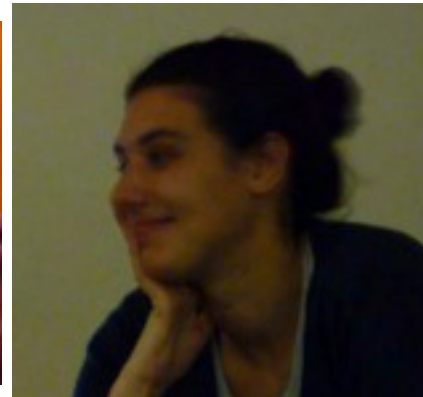
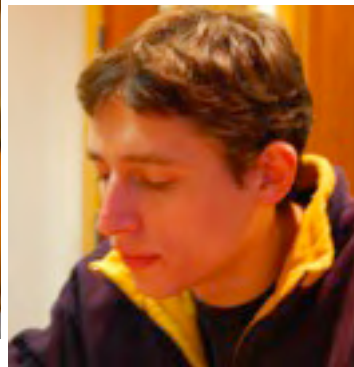
Cell-type specific

Dependent on specific transmembrane receptors

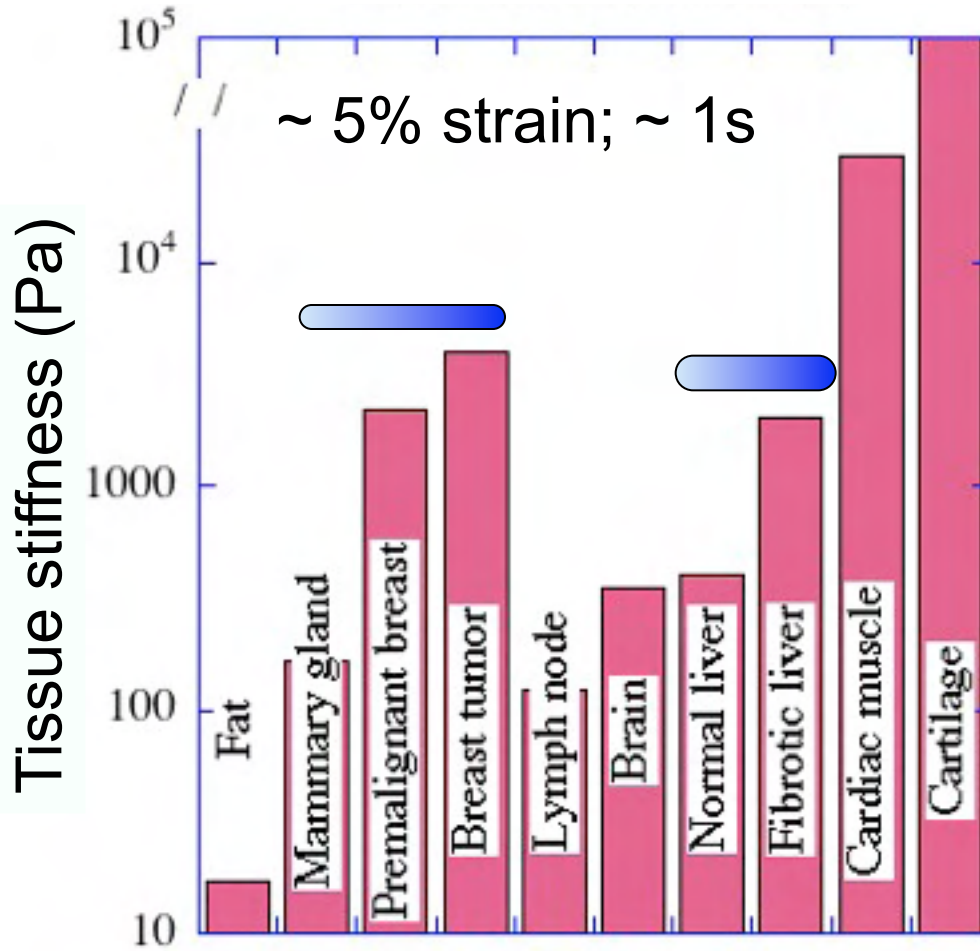
How do cells measure stiffness?

Length and times scales of stiffness sensors

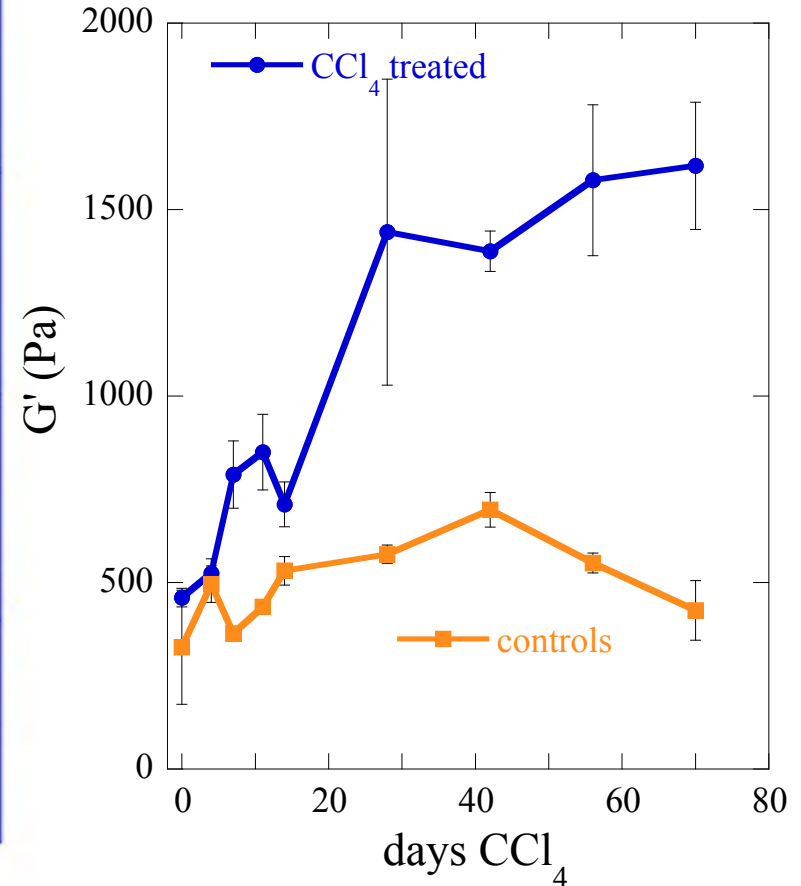
Qi Wen, Fitzroy Byfield, Ilya Levental, Maria Murray, Shang Tee



# Normal tissues have well-defined stiffness characterized by an elastic modulus\*



Change in liver stiffness after inducing injury



Changes in organ stiffness often accompany disease

\* time and strain-dependent

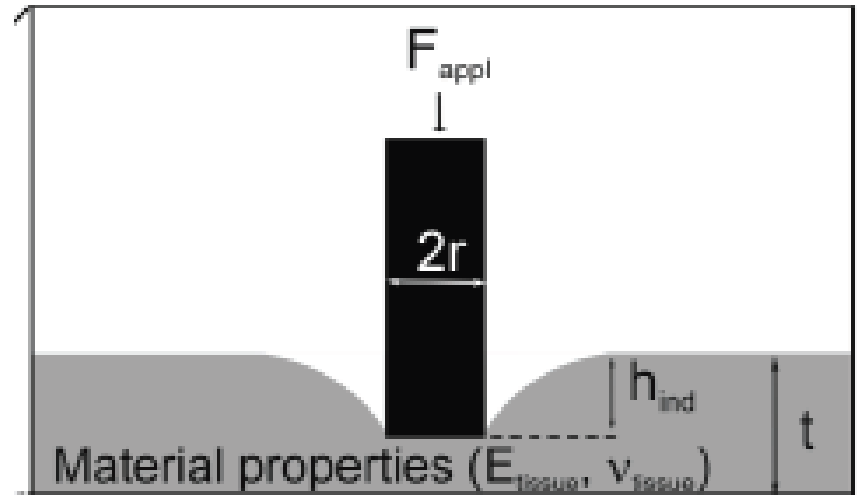
# Two ways to measure soft material viscoelasticity

Oscillatory shear



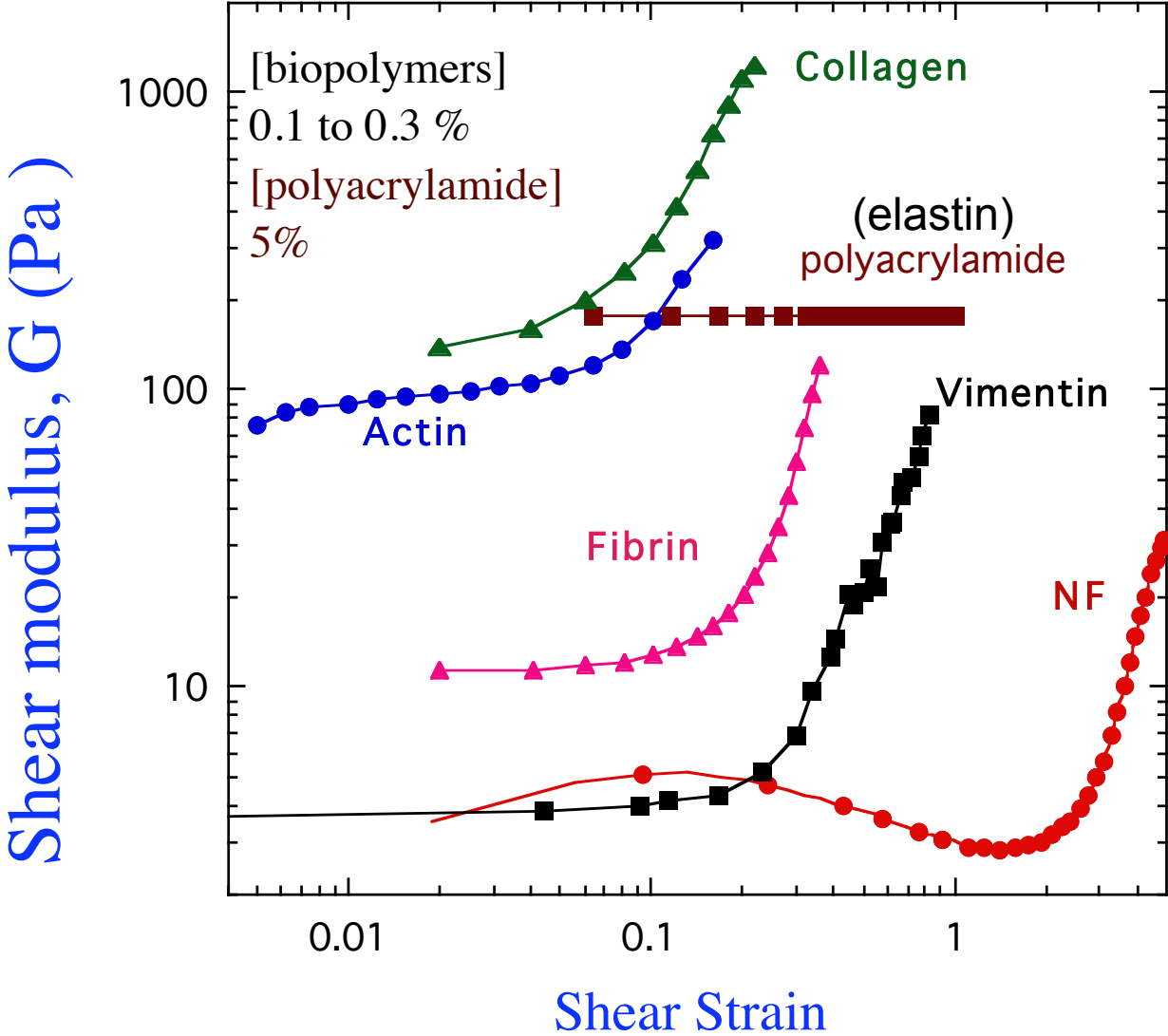
Shear modulus  $G$

Compression or indentation



Young's modulus  $E$

# Both cytoskeletal and ECM networks are strain stiffening

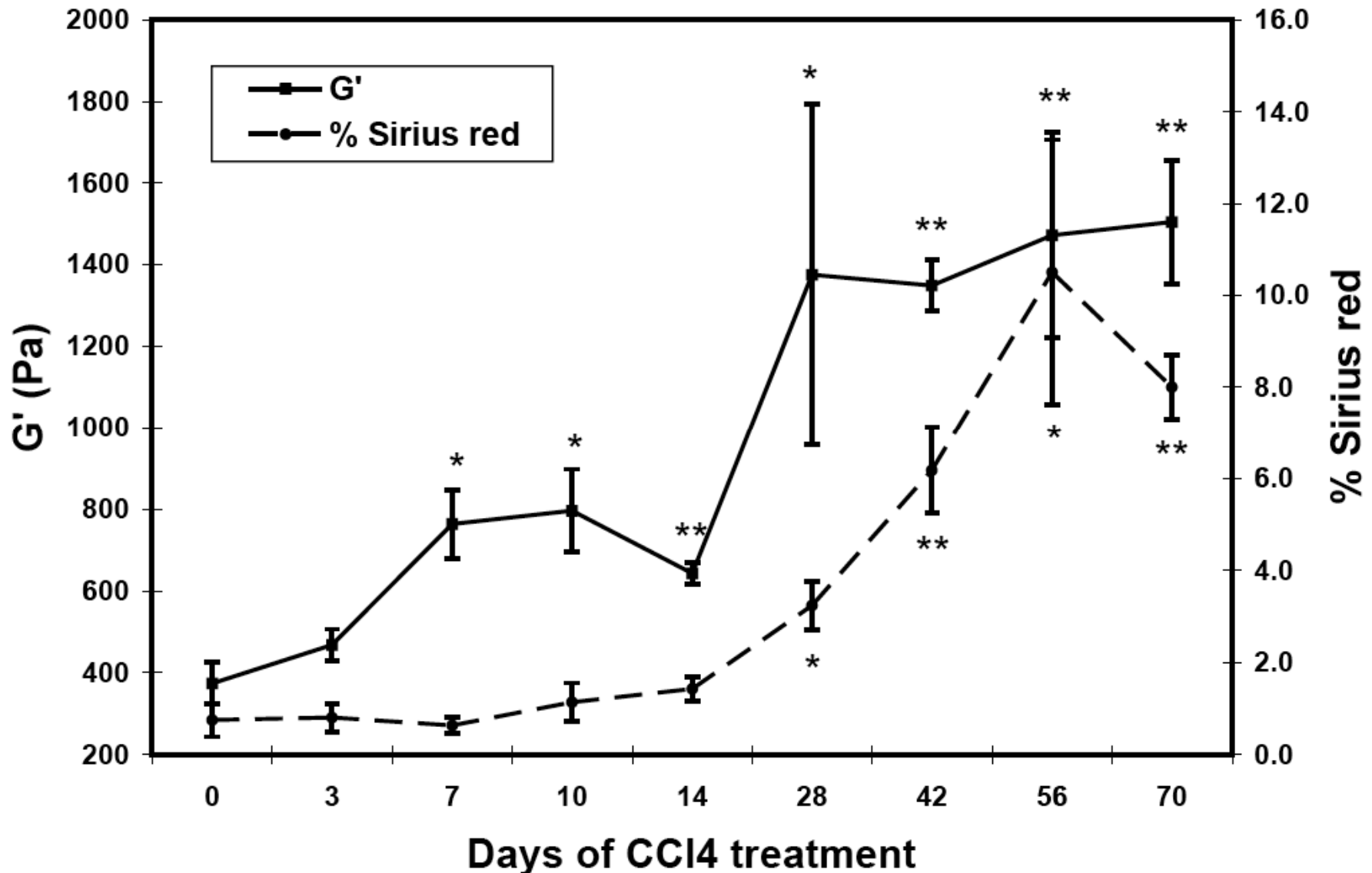


Gardel et al.  
Sci. 2004  
Storm et al.,  
Nat. 2005

*Is it possible to infer stresses from displacement maps in these materials?*

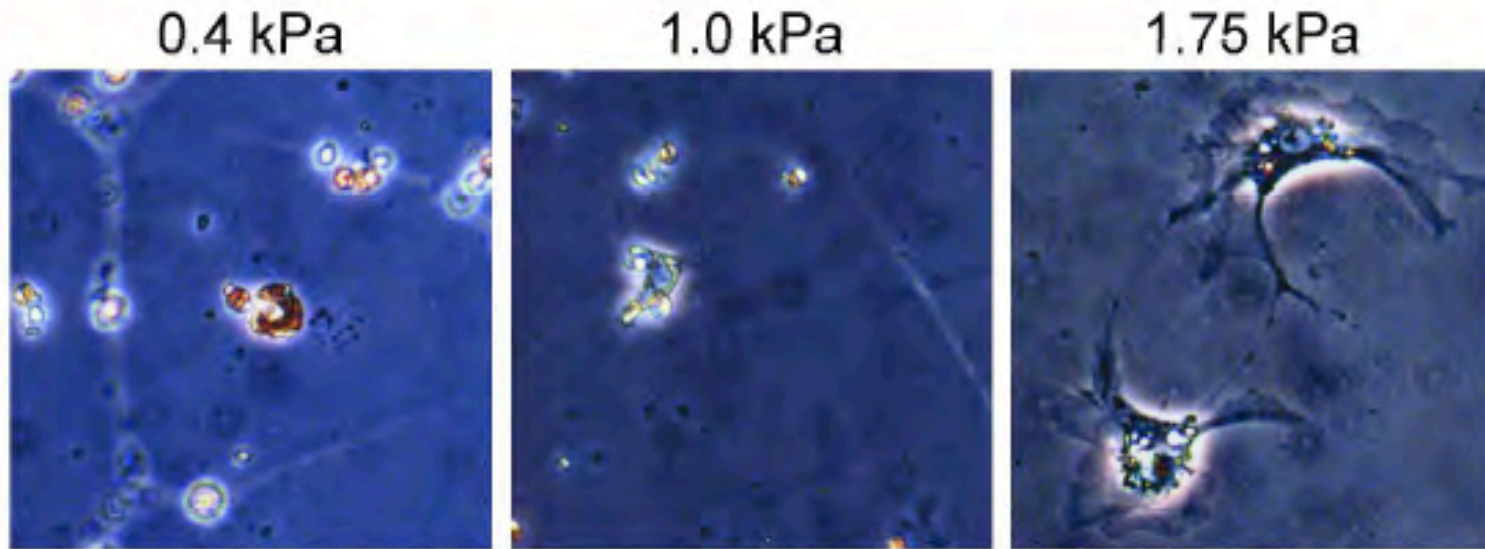
Non-linear elasticity allows cytoskeletal and ECM networks to stiffen by internal stress, without increasing polymer mass or XLs.

Stiffness might signal to cells in vivo:  
Histological evidence of fibrosis occurs *after* liver stiffening

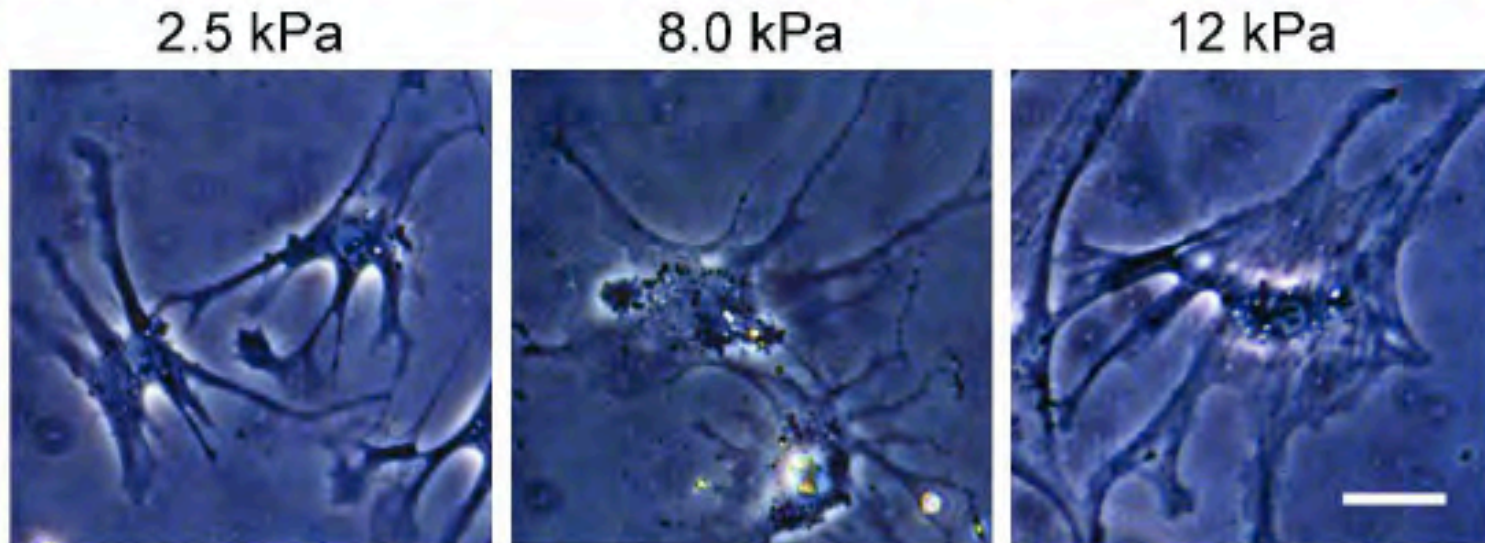


# Hepatic stellate cells spontaneously activate on pathologically stiff substrates

Rebecca Wells



Olsen et al,  
Am. J. Physiol.  
2011



# Different systems to study effects of substrate mechanics

## Gels and pillar arrays

1 - 5 nm

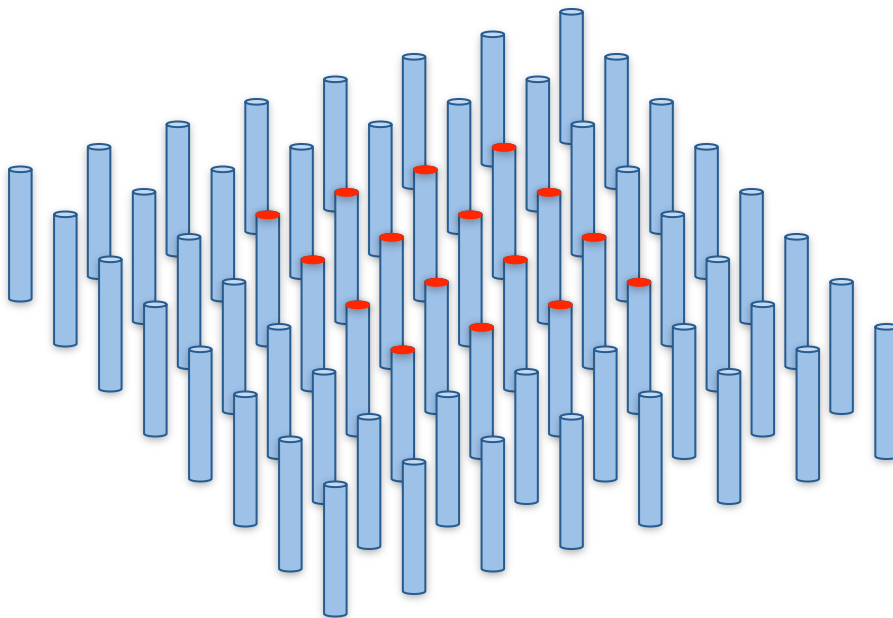
100  $\mu\text{m}$



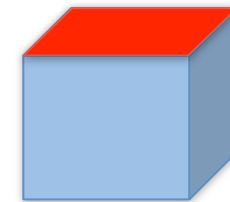
**ECM protein**

PA gel

Glass

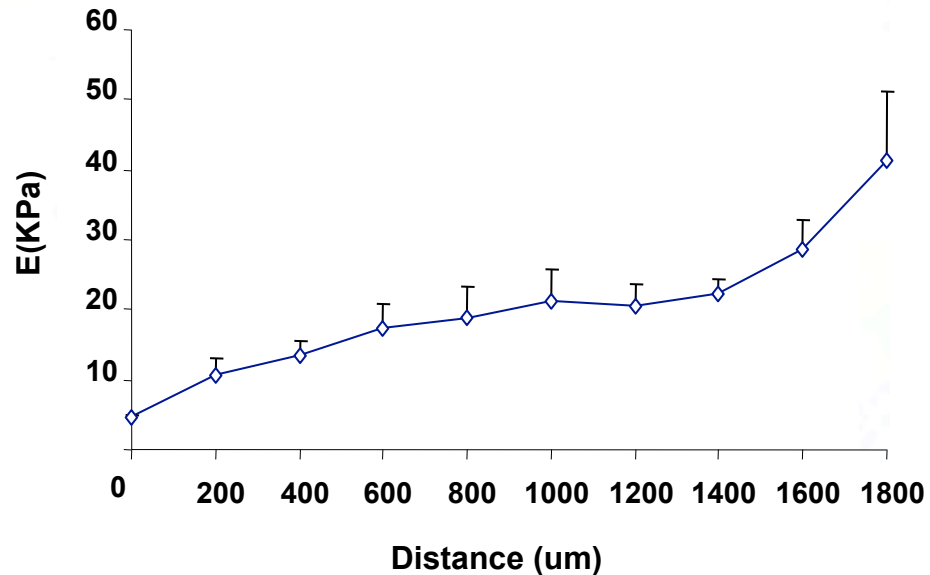
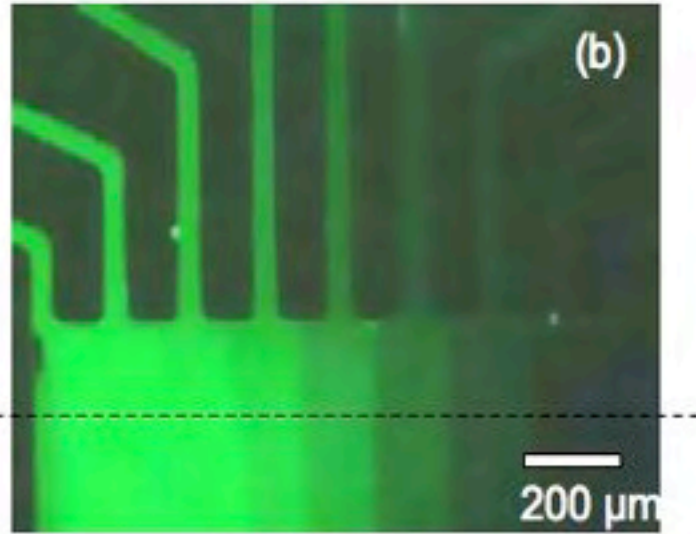
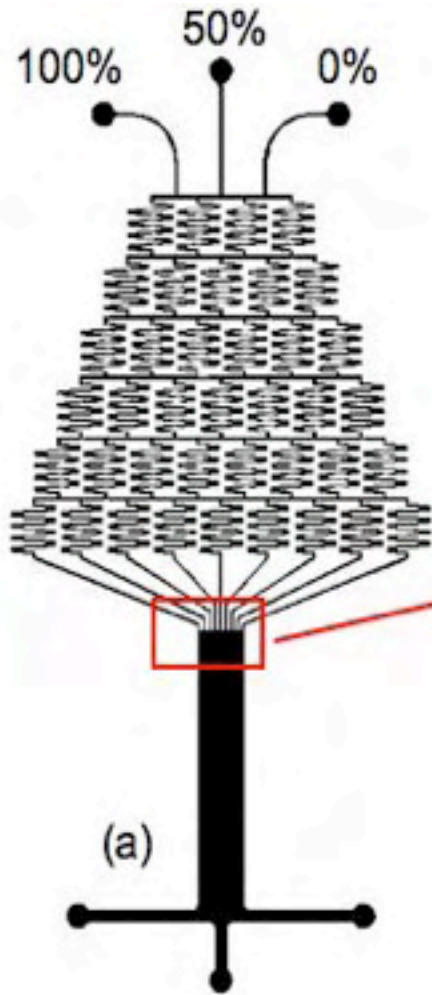


PDMS





# Microfluidics method to make gels with stiffness gradients



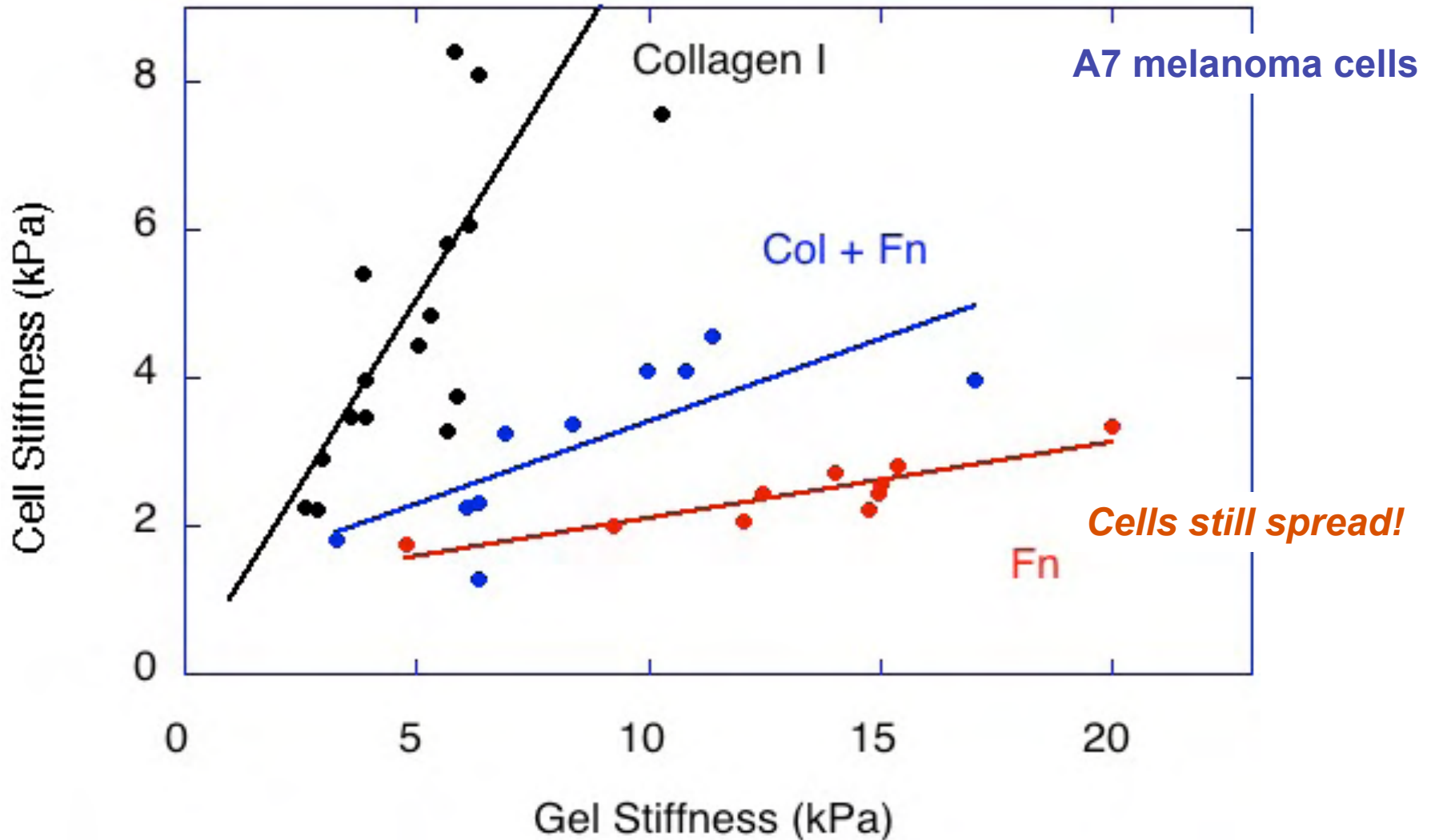
Dourian,  
Arratia

Adapted from: Zaari et al,  
*Advanced Materials* 2005

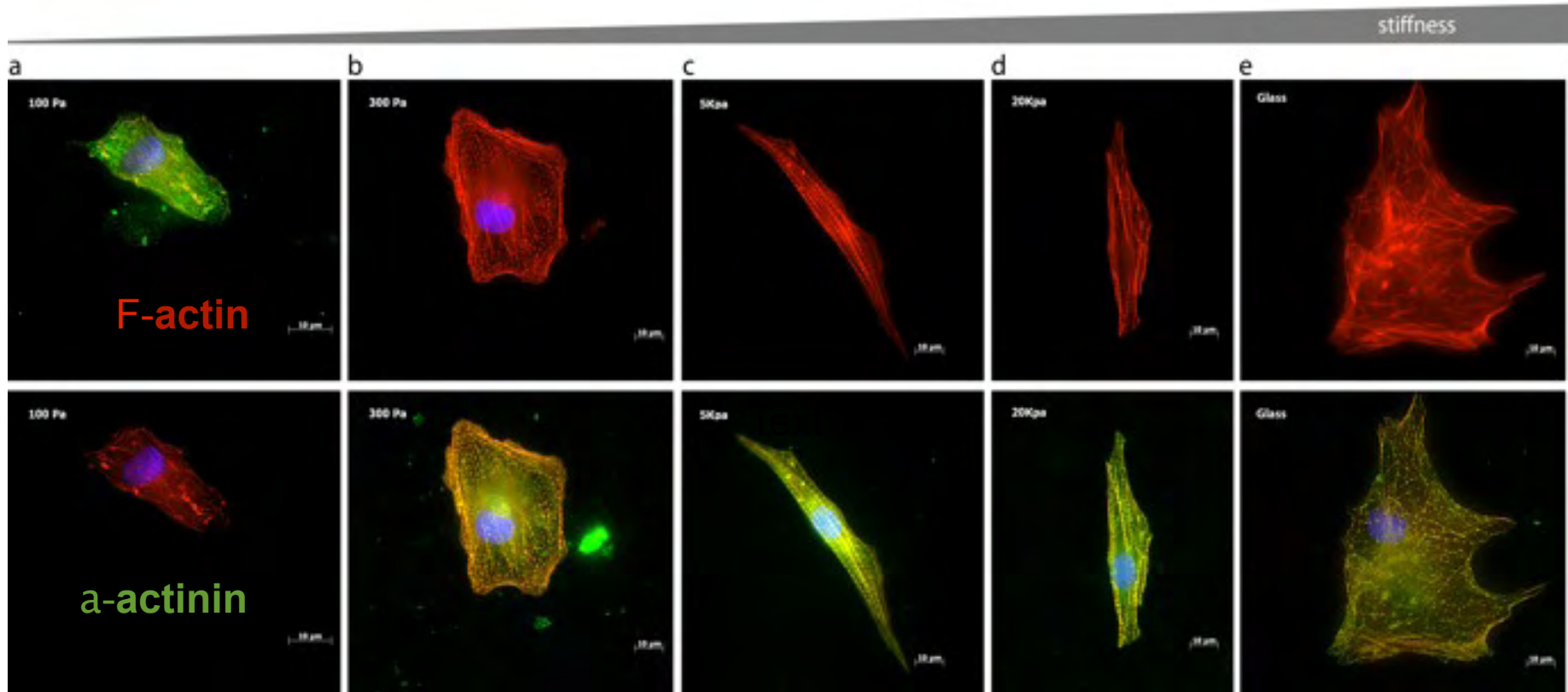
Byfield, Wen et al, *Biophys J* 2009



# Cells tune their stiffness to match the substrate when they bind by specific adhesion receptors -



# Cardiac myocytes on collagen-I and FN-coated PA gels



100 Pa

300 Pa

5 kPa

25 kPa

glass

Anant Chopra, Erdem Tabdanov, **J. Yasha Kresh**

Collagen I

Fn

**a**



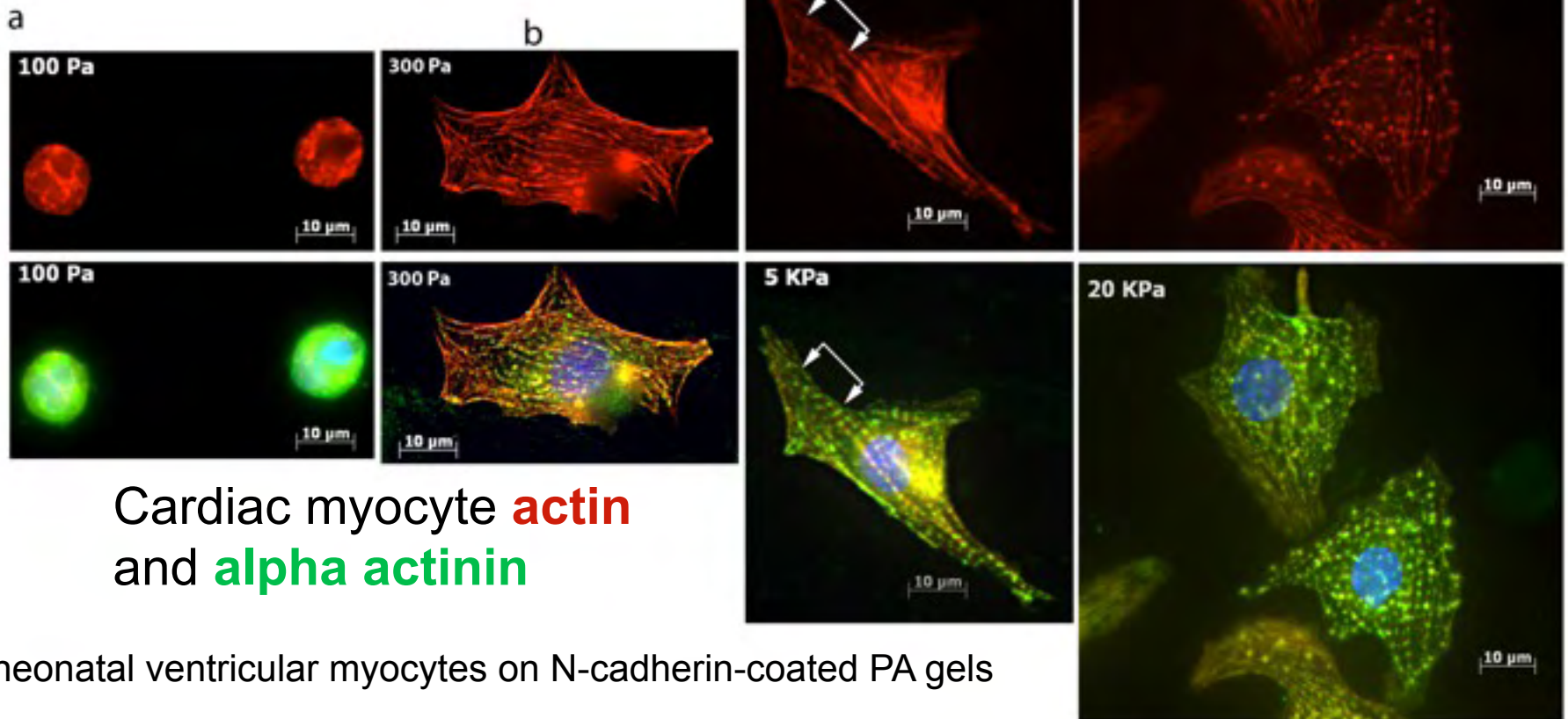
**c**



# Stiffness sensing is preserved when signaling is through cadherins (cell-cell contact)

stiffness

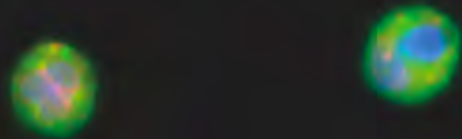
Anant Chopra  
Erdem Tabdanov  
J. Yasha Kresh



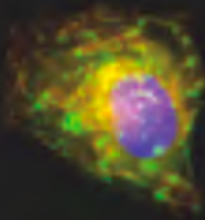
Cardiac myocyte **actin**  
and **alpha actinin**

rat neonatal ventricular myocytes on N-cadherin-coated PA gels

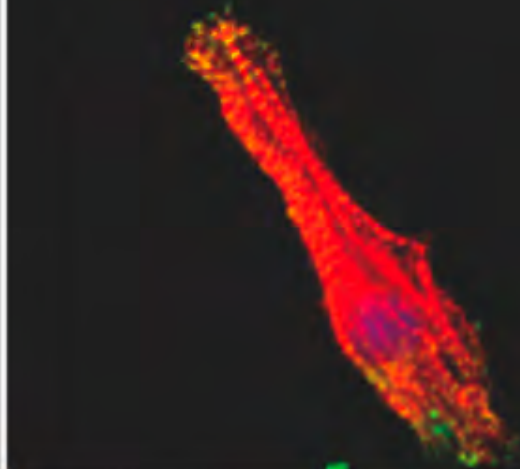
100 Pa



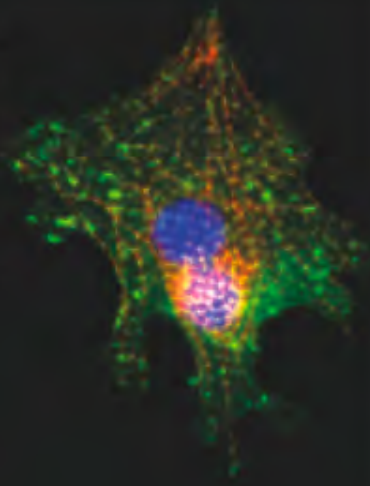
300 Pa



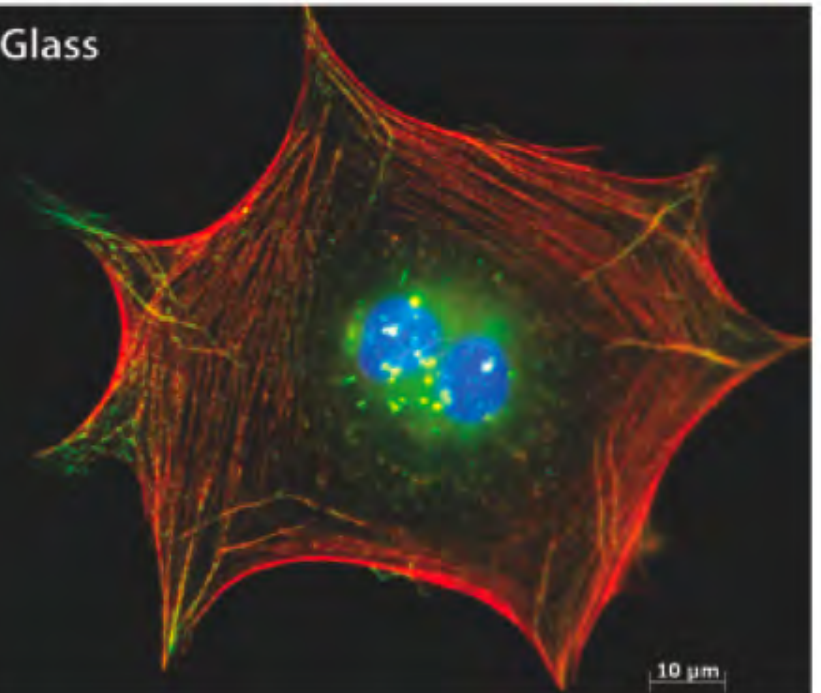
10 kPa



30 kPa



Glass



Cardiac myocytes  
(NRVM)  
on N-cadherin

# How do cells sense or respond to stiffness?

What is the range of stiffness that can be probed?

100 - 100,000 Pa

How much do cells deform their matrix?

How large an area do they probe?

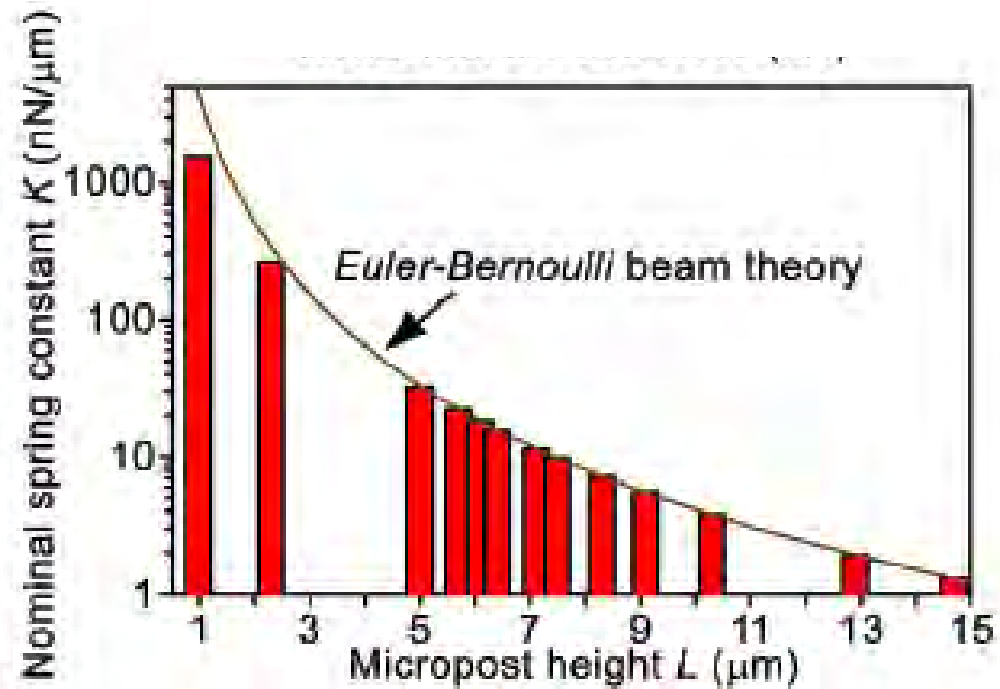
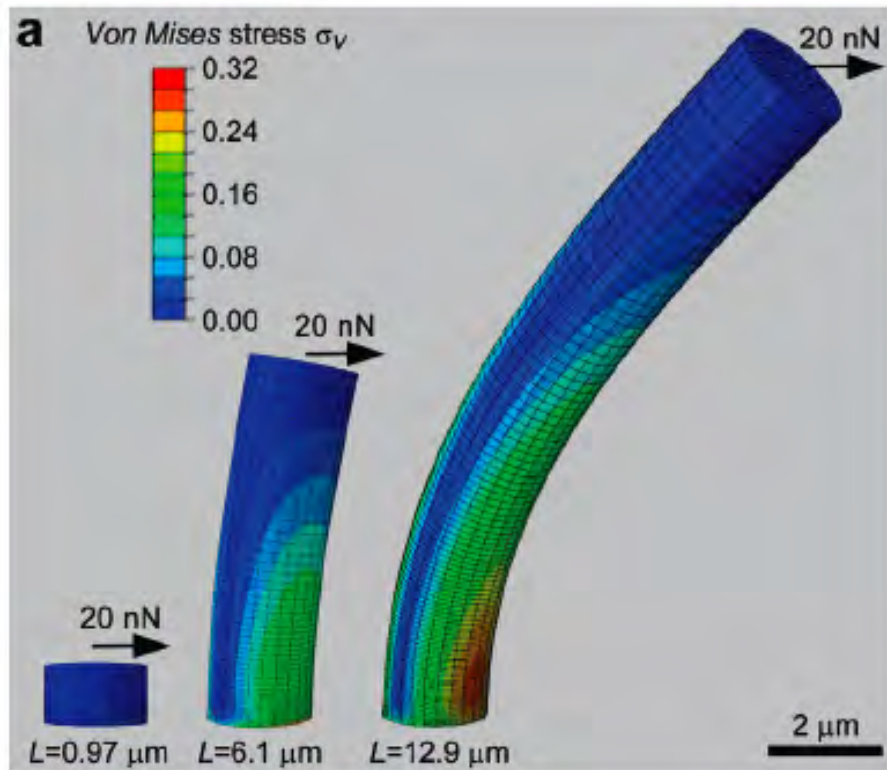
How long do they integrate signal?

Is stress or strain controlled, and the other parameter measured?

Is the measurement static or dynamic?



# Micropillars of different lengths to vary stiffness



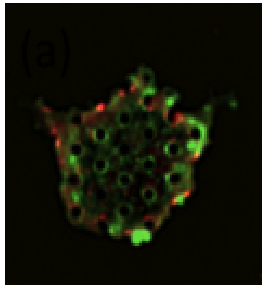
PDMS posts of identical composition ( $>100$  kPa) and diameter ( $1.8\mu\text{m}$ ), but different length.

Jianping Fu et al. Nat. Meth. 2010

Saez et al, Soft Matter, 2009

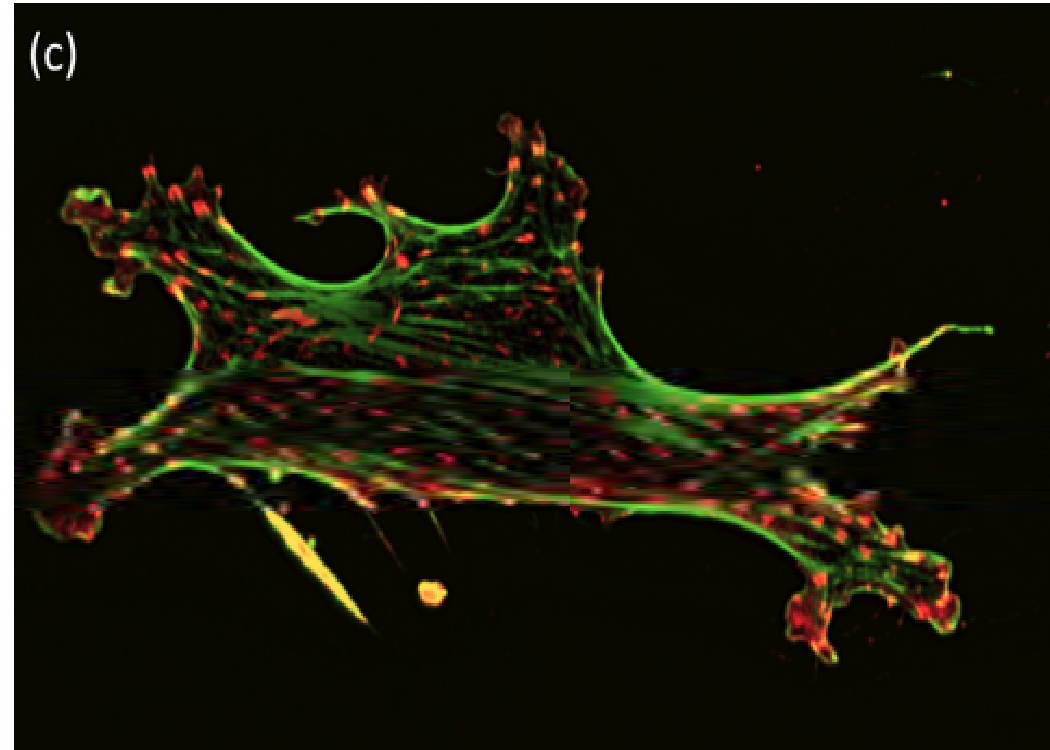
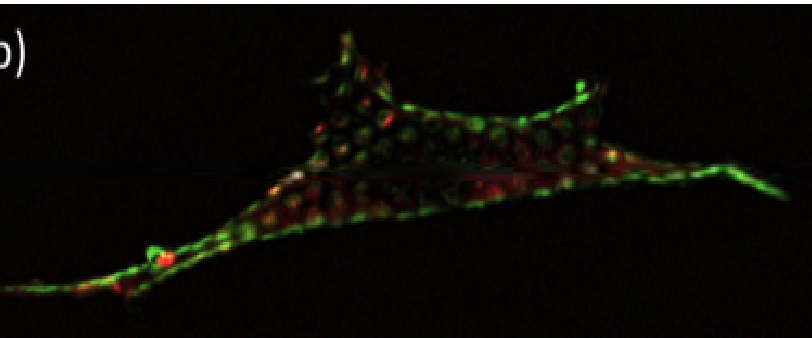


Cells can tell the difference between tall and short posts, even though the material and the pattern to which they bind is the same



hMSC  
on Fn

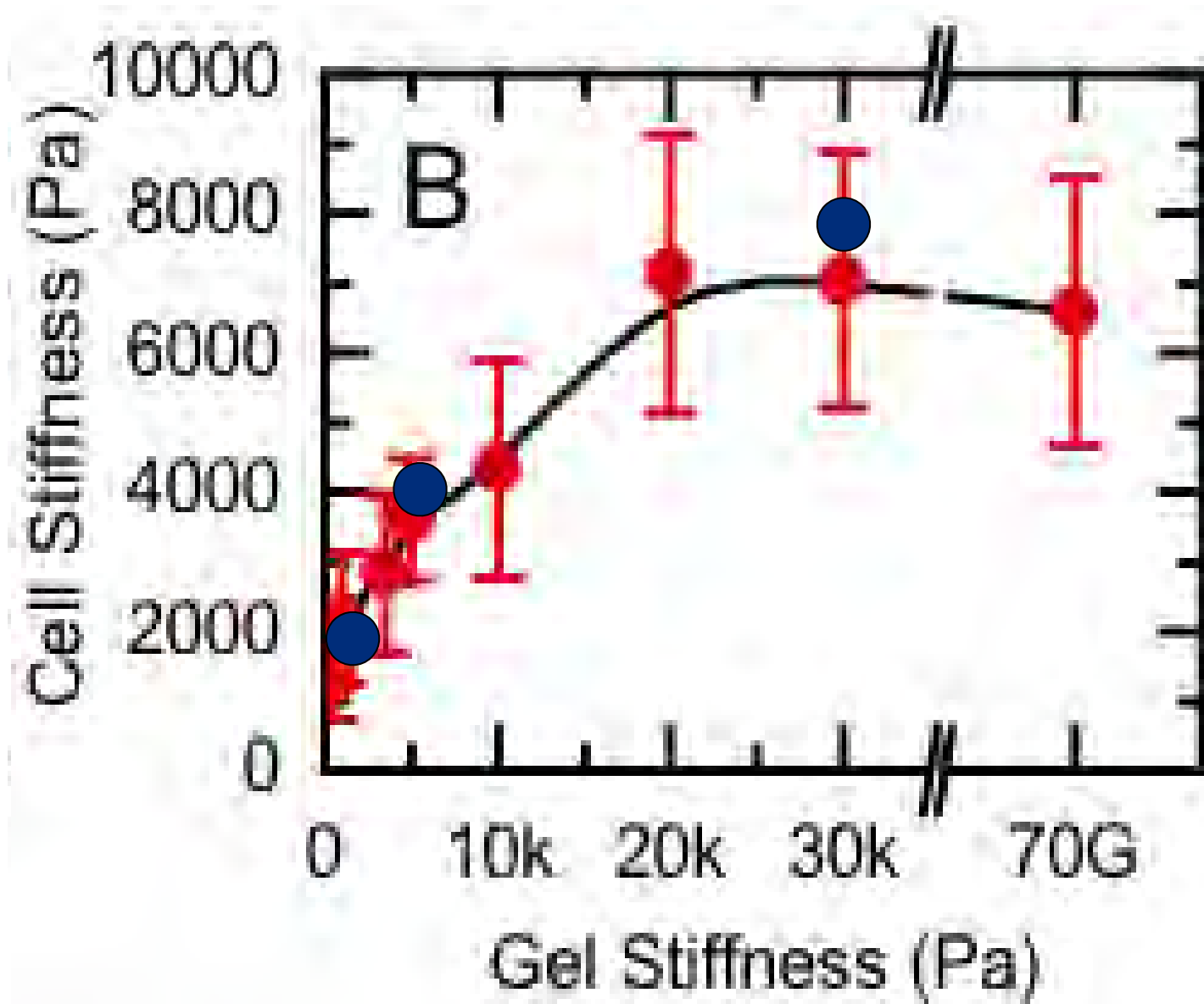
paxillin  
F-actin



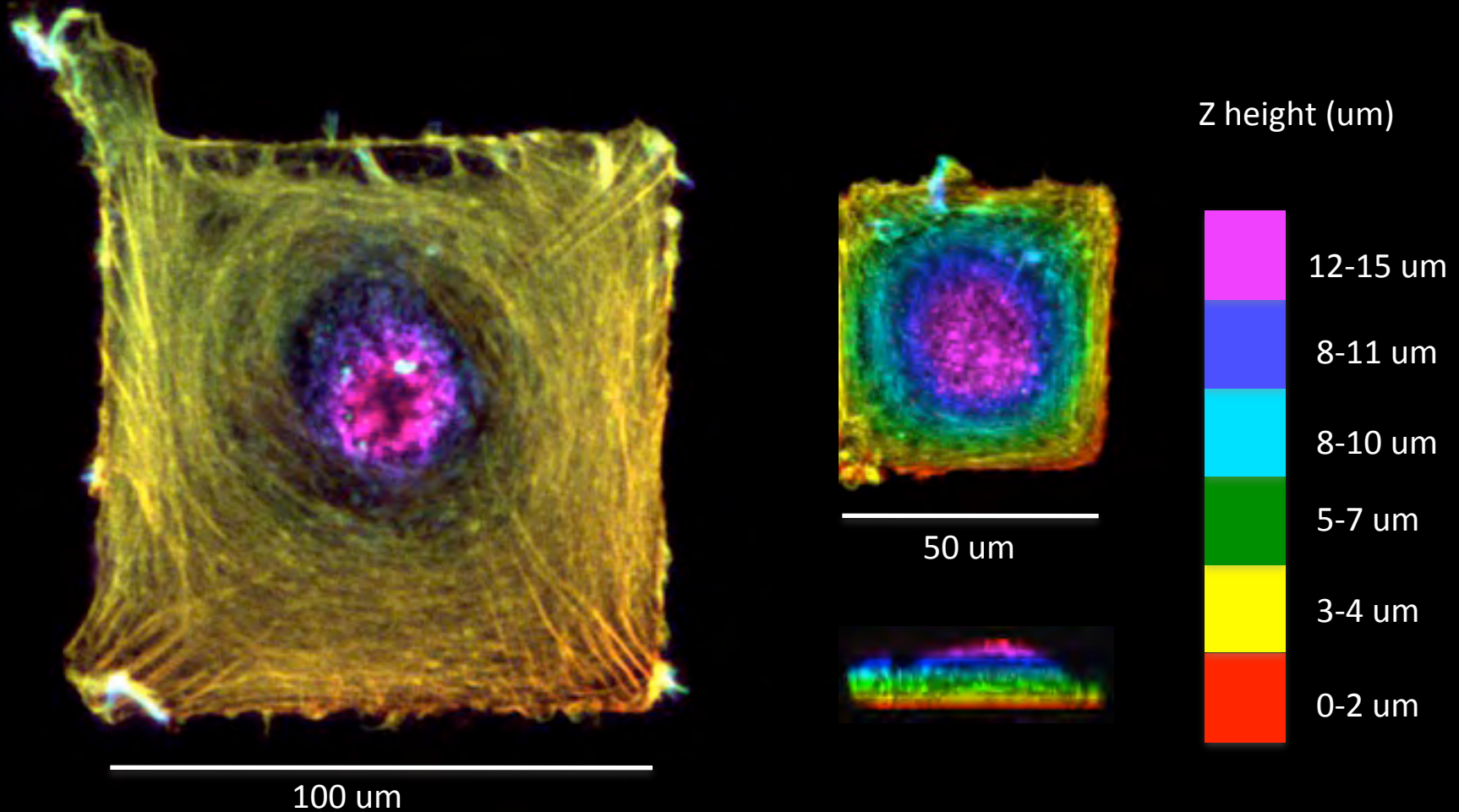
1.8  $\mu\text{m}$  PDMS posts ( $>100$  kPa) of different length spaced 6  $\mu\text{m}$  apart. Long posts look soft, short posts look stiff

S Tee, J. Fu et al, Biophys J 2011

# Effective stiffness of micropost arrays and gels have similar effects on cell stiffness

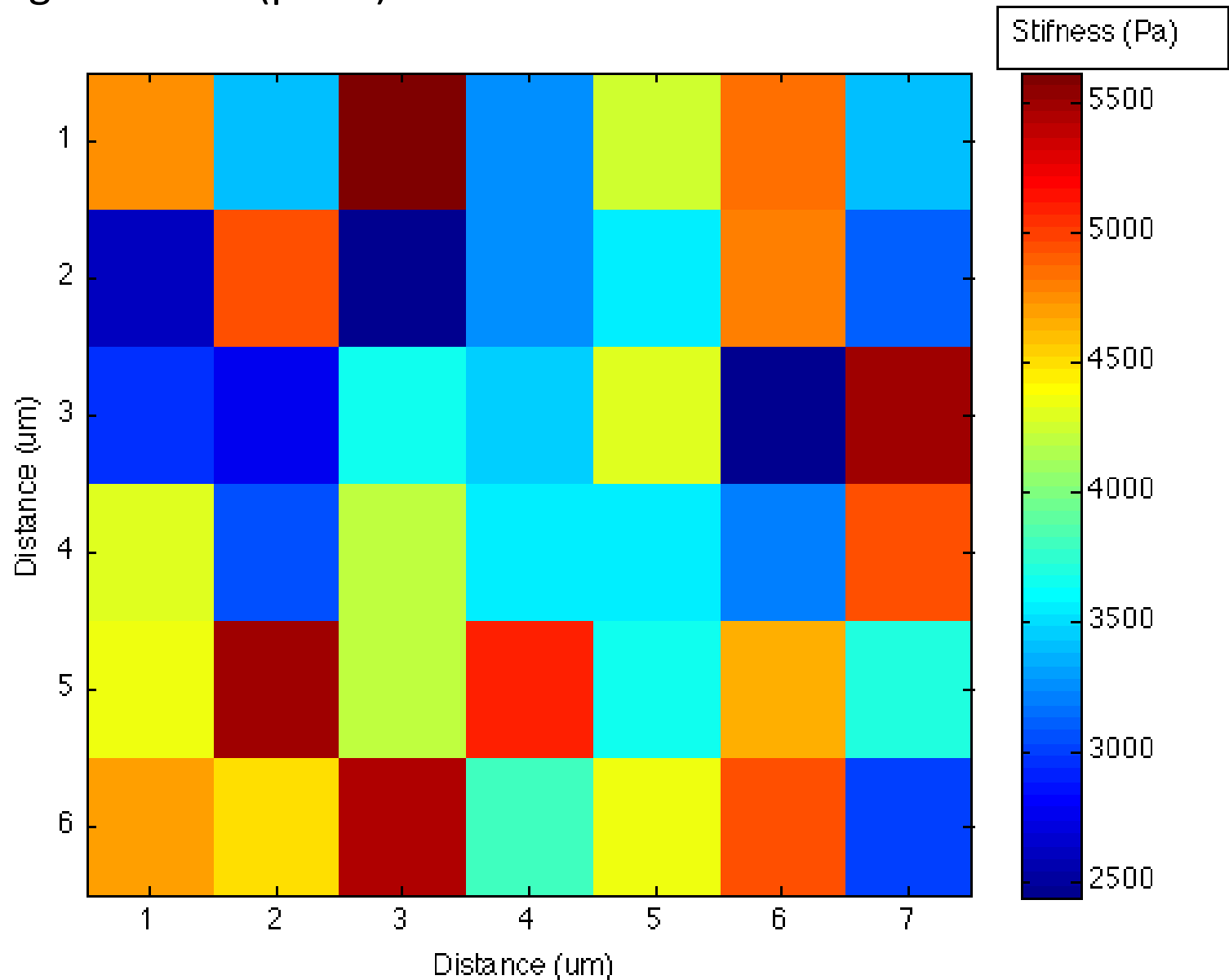


# What happens when adherent size is constrained on short and tall pillars?

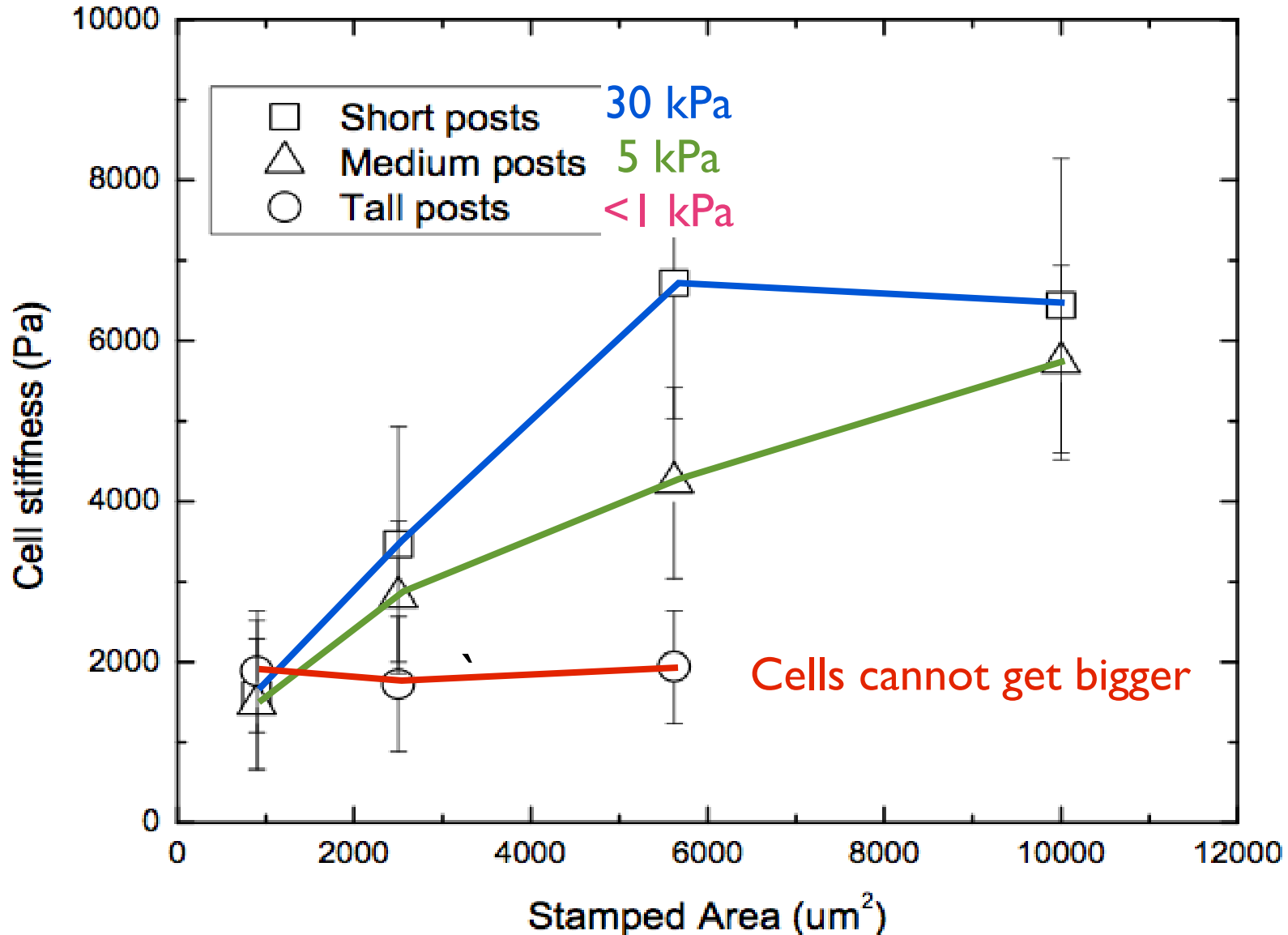


hMSC on stamped microposts stained with phalloidin

Small amplitude AFM poking measured cortical stiffness, not stress fibers or underlying substrate (posts)



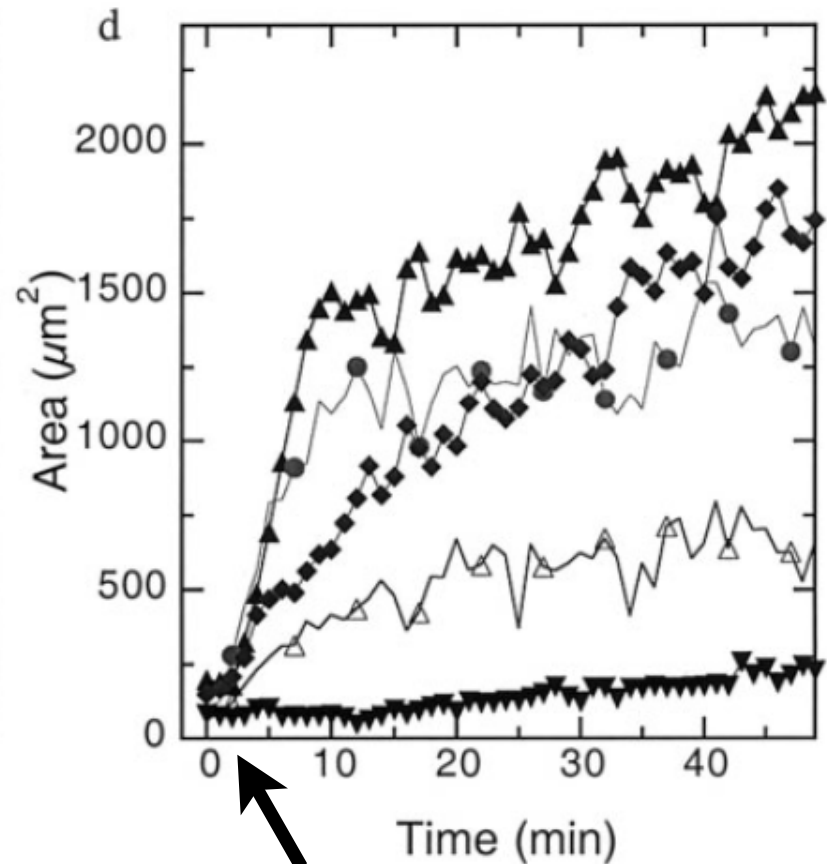
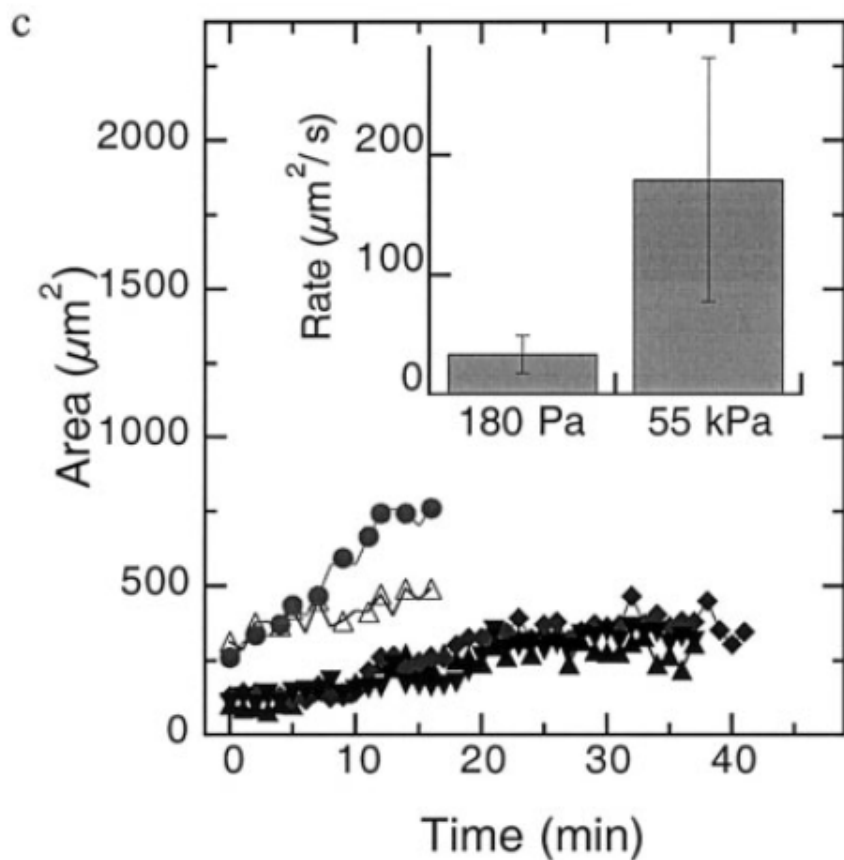
# MSC stiffness depends on both substrate stiffness and adherent area



## **What is the time needed for mechanosensing?**

Experimentally what is measured is a cell's response, which is an upper limit

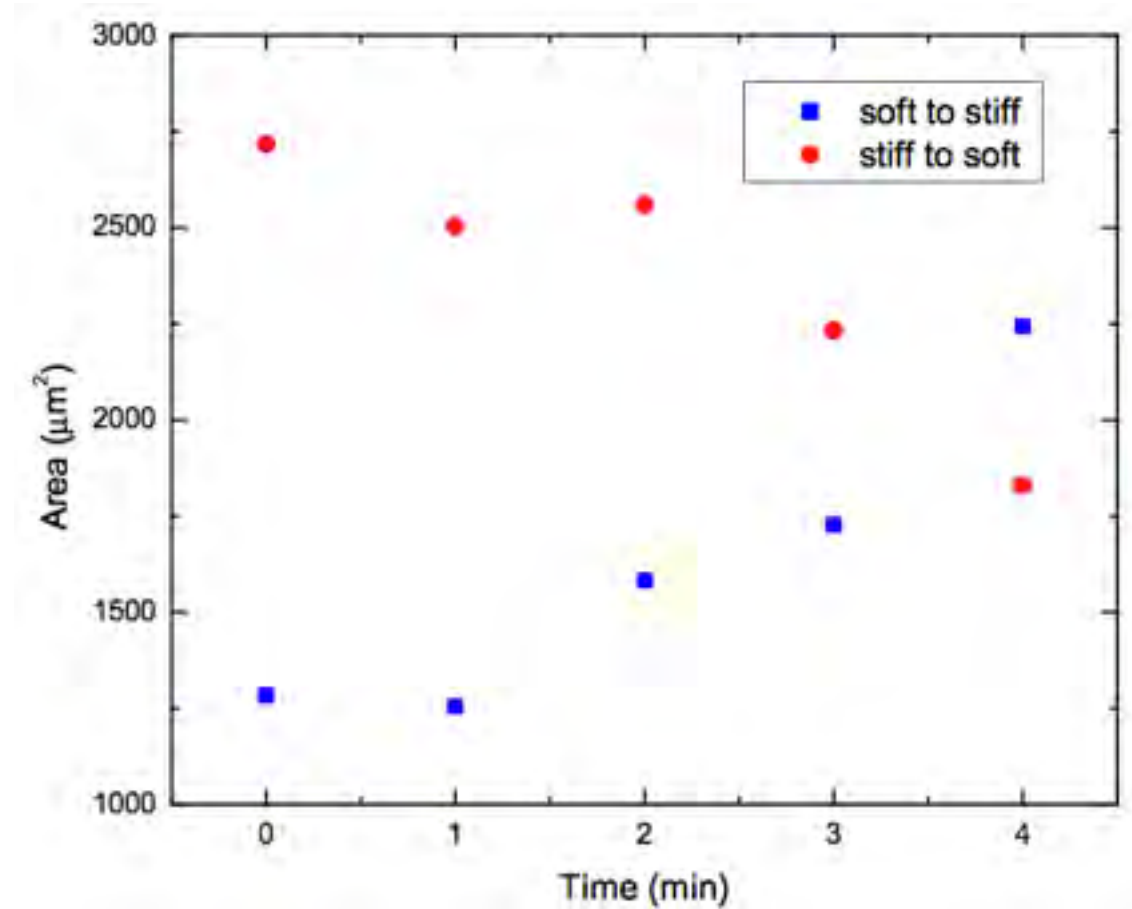
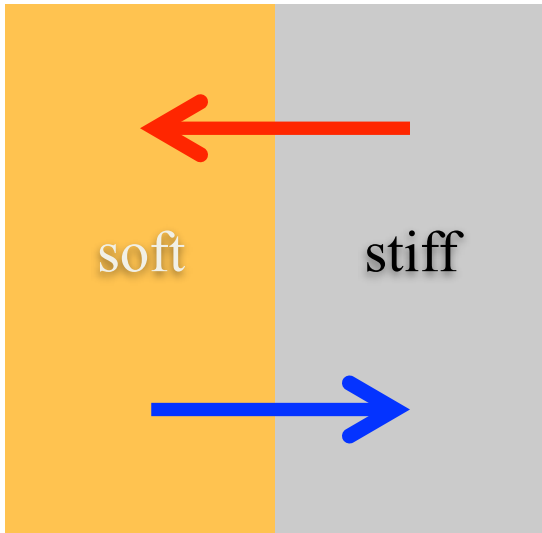
# Initial spreading of fibroblasts settling from suspension onto Fn-coated gels with same adhesion ligand density but different stiffness



Two minutes is enough to measure stiffness



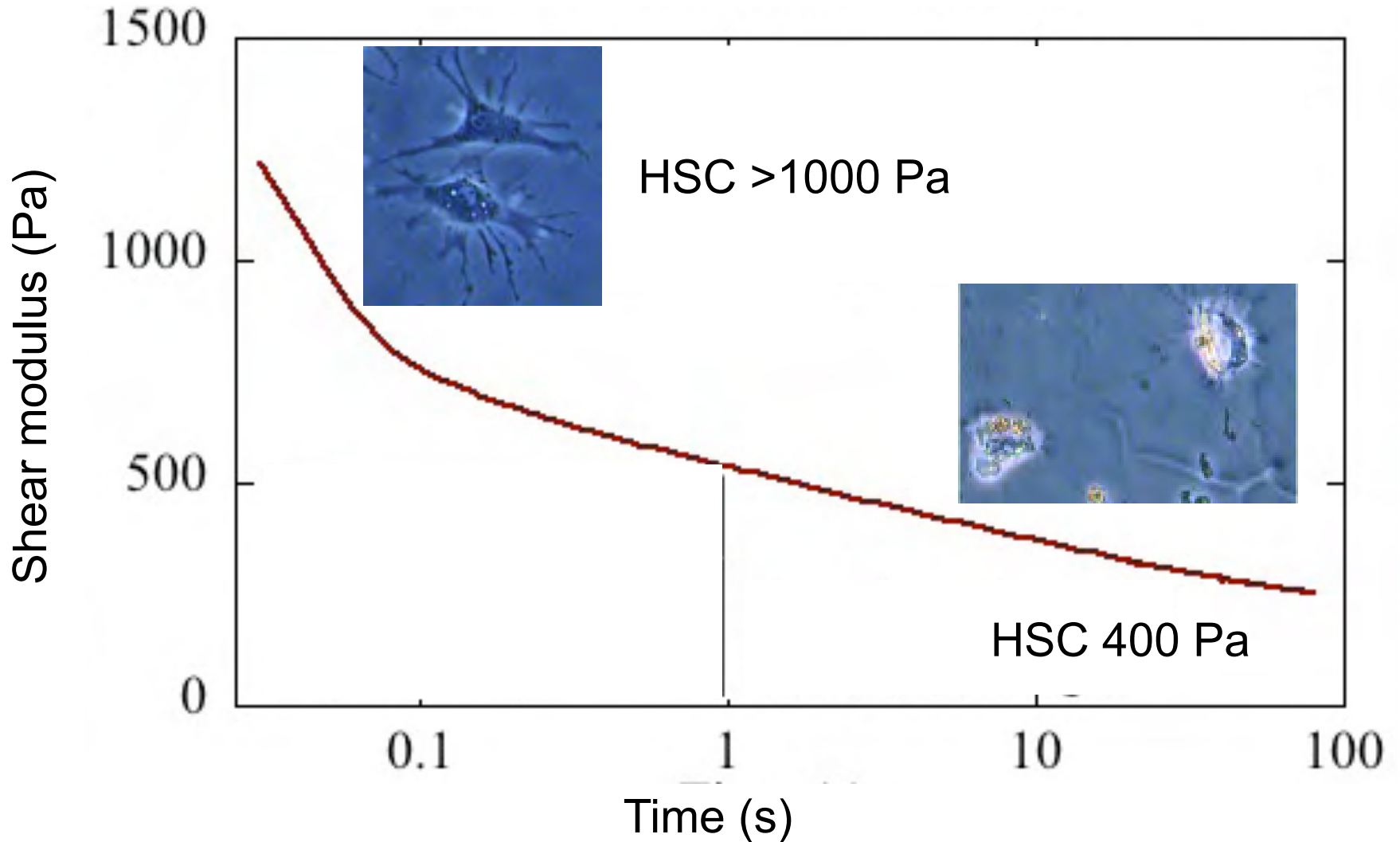
# Cells can change area within minutes after crossing soft/stiff boundary



# Tissues are not simple solids: flow on long time scales

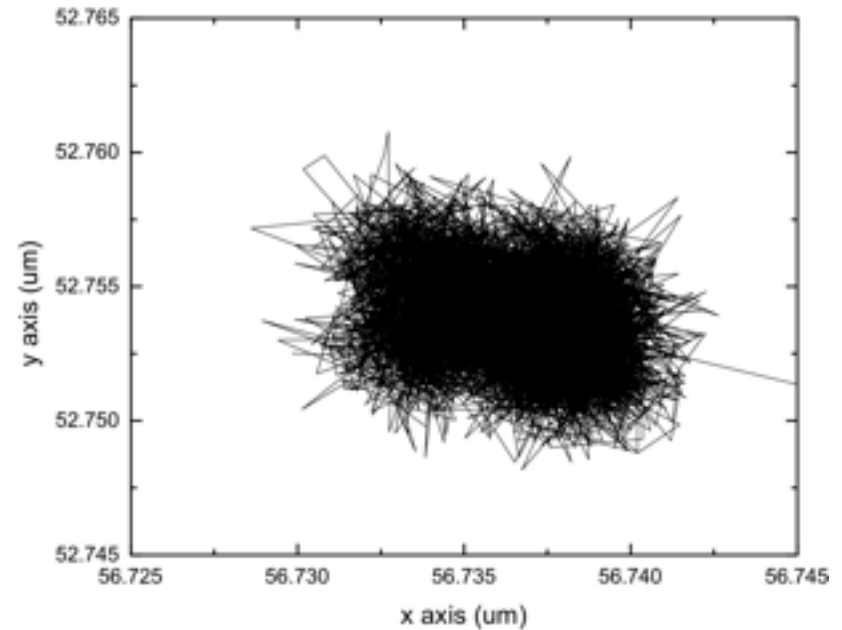
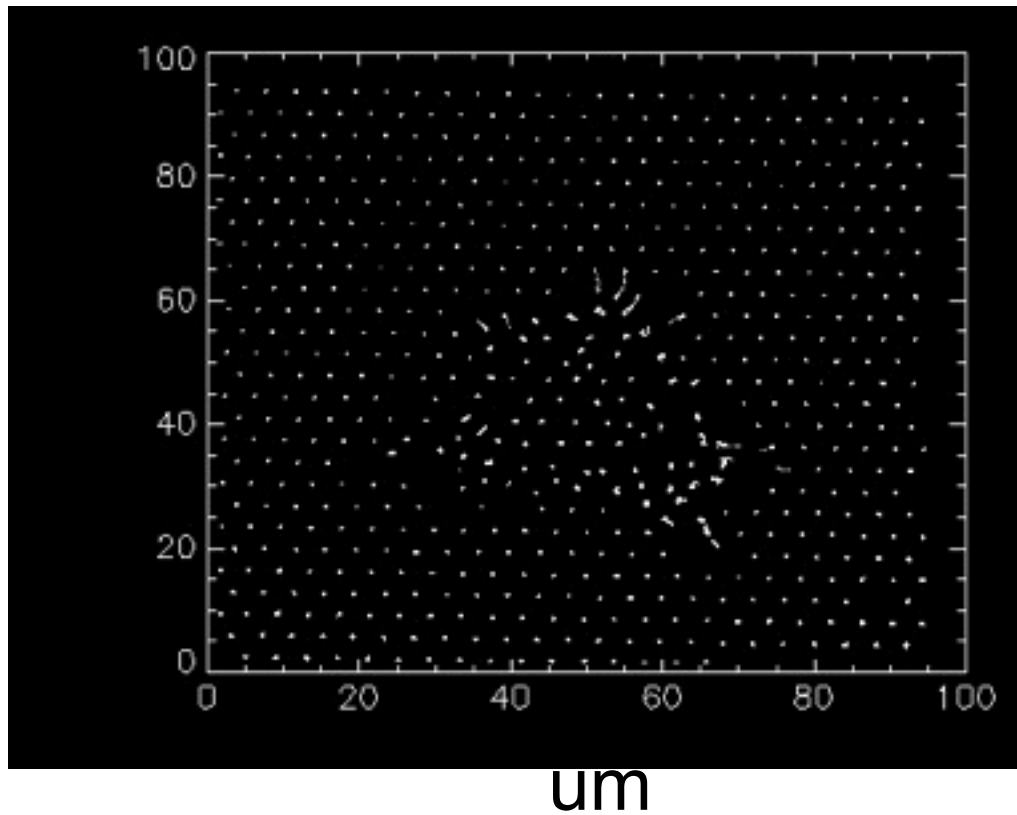
## What level of stiffness do cells use as a guide?

Stress relaxation of liver



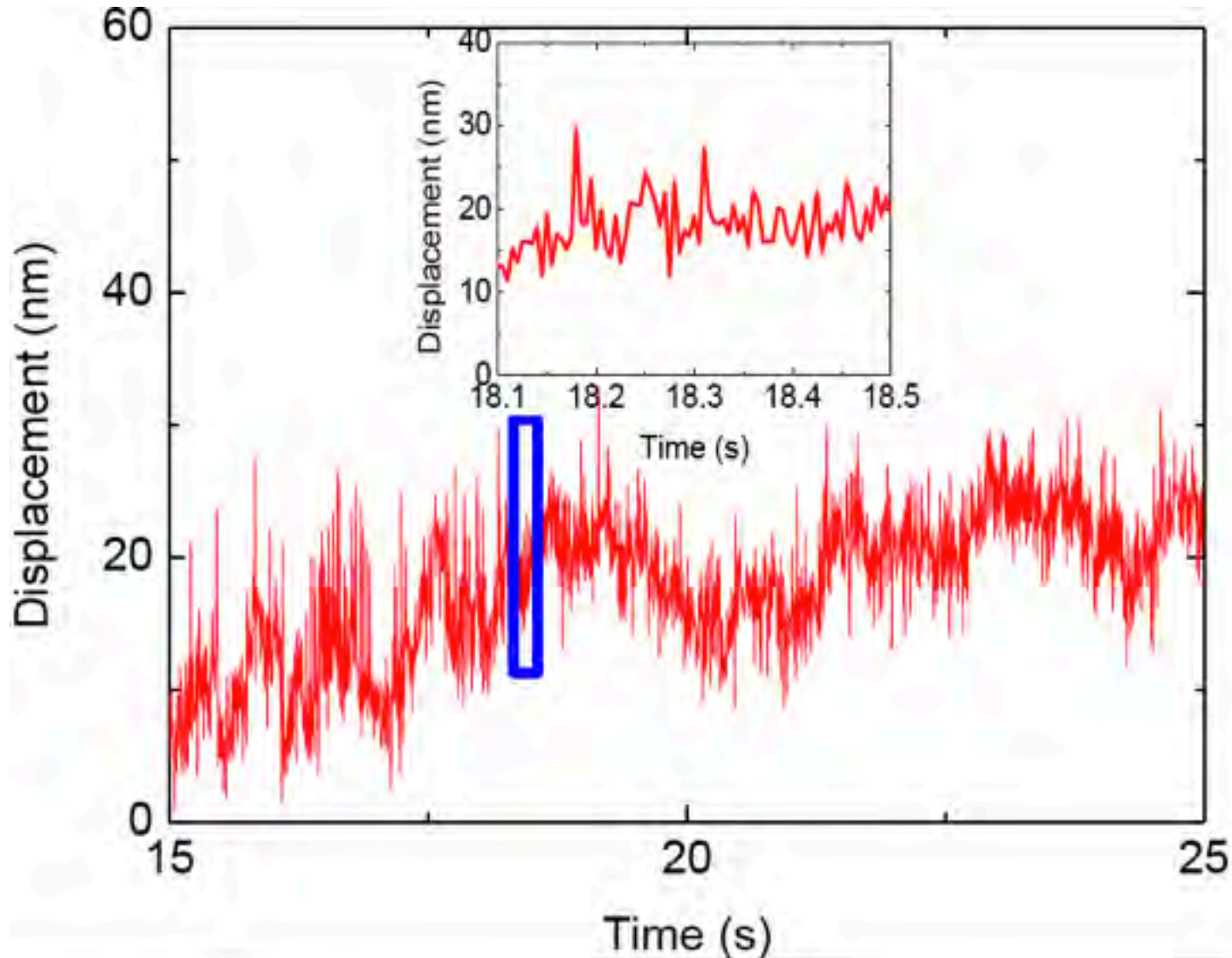
# What happens locally?

Force fluctuations on a single post, superimposed on mean deflection.



Shang Tee, John Crocker

Rapid  $\sim 10$  nm and  $\sim 10$  pN scale fluctuations might be the basic element of the stiffness sensor



## Conclusions

Soft tissues have well-defined and controlled elastic moduli

Cells in vitro do not: their stiffness depends on environment

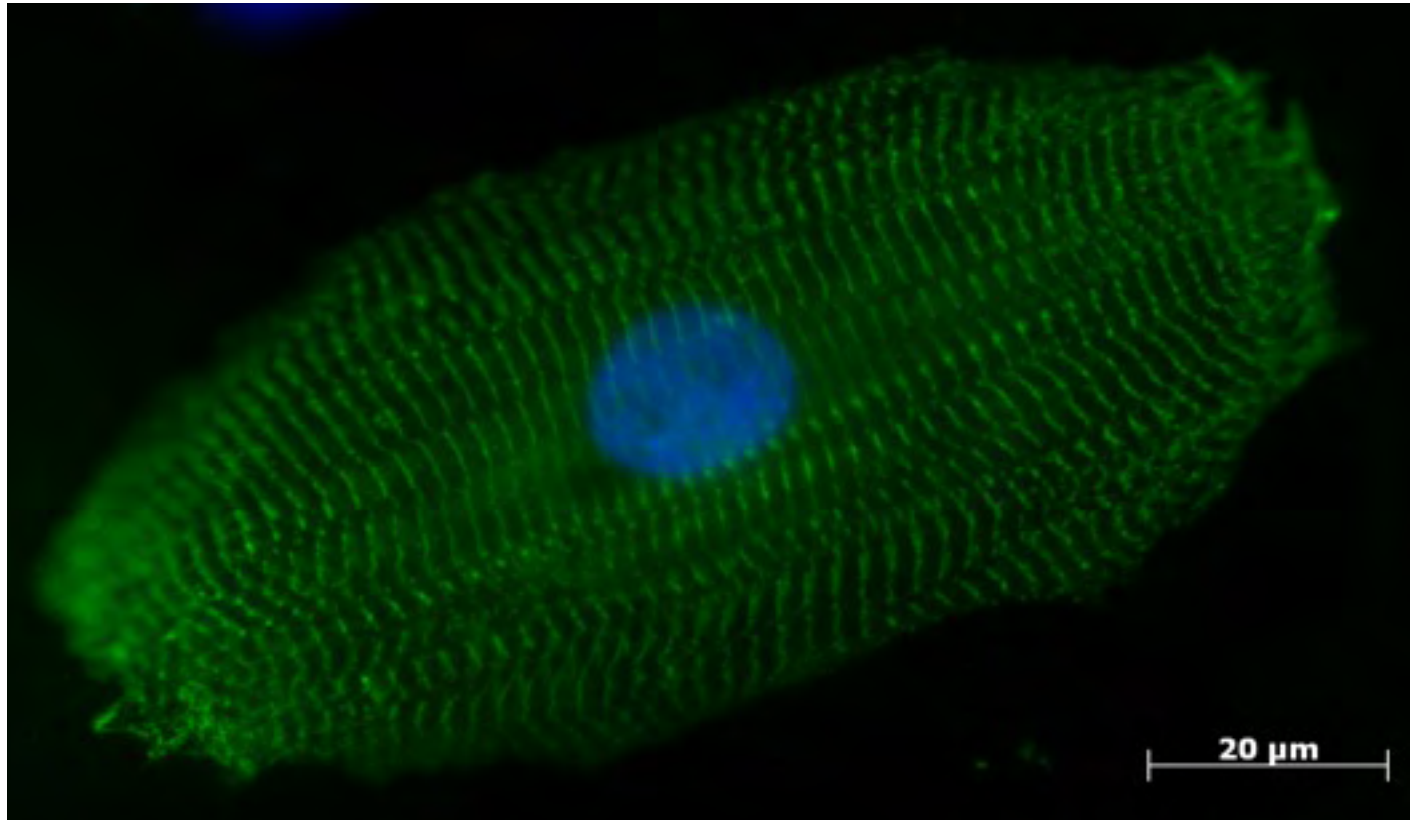
Substrate stiffness affects each cell type differently, and manipulating matrix stiffness can influence cell fate.

Stiffness is sensed at both cell-ECM and cell-cell interfaces by distinct mechanisms

Stiffness sensing appears to operate on a length scale  $>1 \mu\text{m}$  and a time  $> 1 \text{ s}$ .

Elastic modulus of matrix and neighboring cells seems to be key to producing native phenotype.

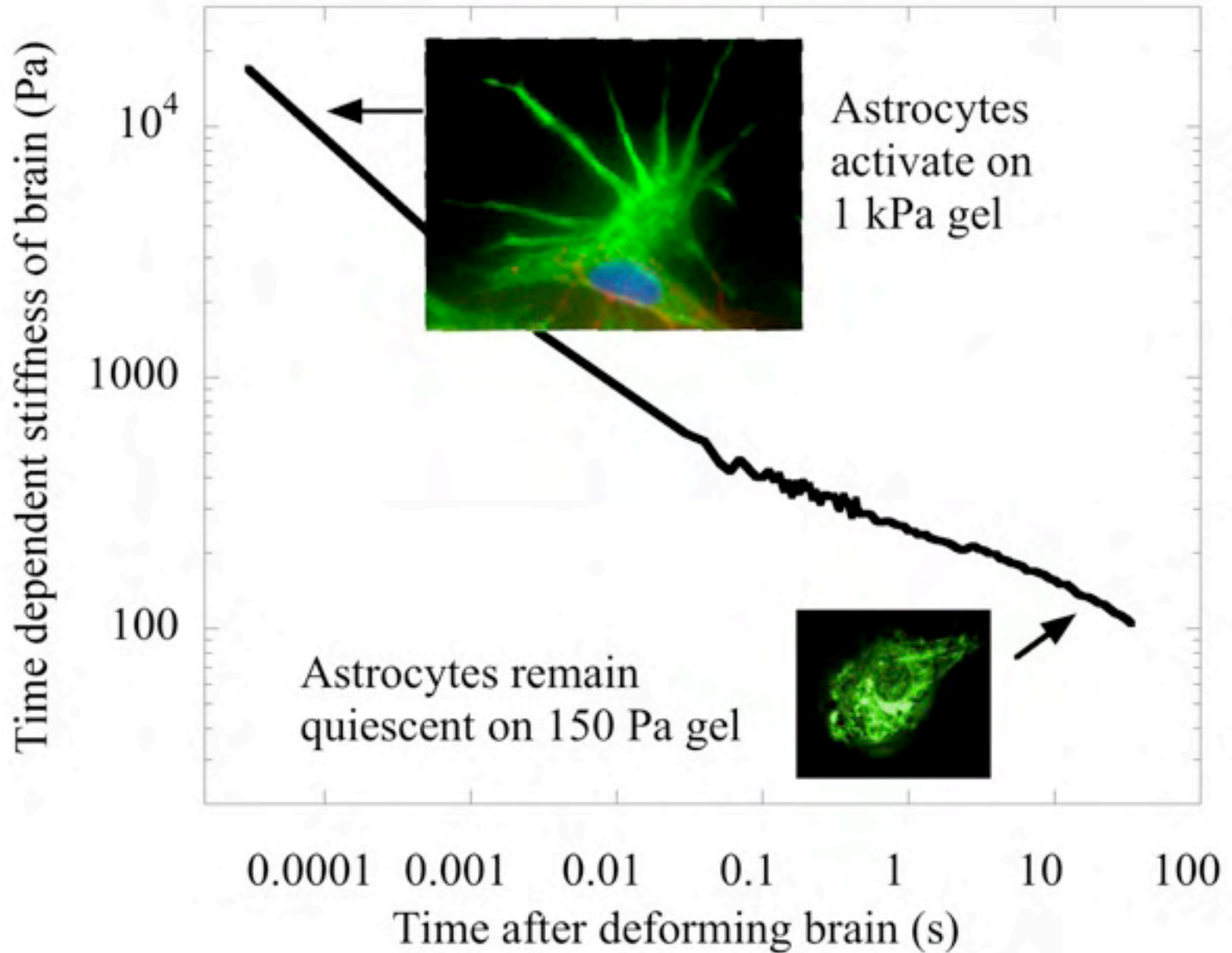
But not quite:



Cardiac myocyte on Fn-laminated gel of hyaluronic acid instead of Fn-laminated polyacrylamide.  $E < 900$  Pa

Sarah Atzet, Glenn Prestwich, Glycosan, Inc.

# What stiffness do astrocytes and neurons feel in the brain?





# Conclusion 1

Stiffness (elastic modulus) is a well-conserved property of soft tissues

Abnormal matrix stiffness is sufficient to trigger cellular responses

Stiffness sensing works through both cell-cell and cell-matrix attachments

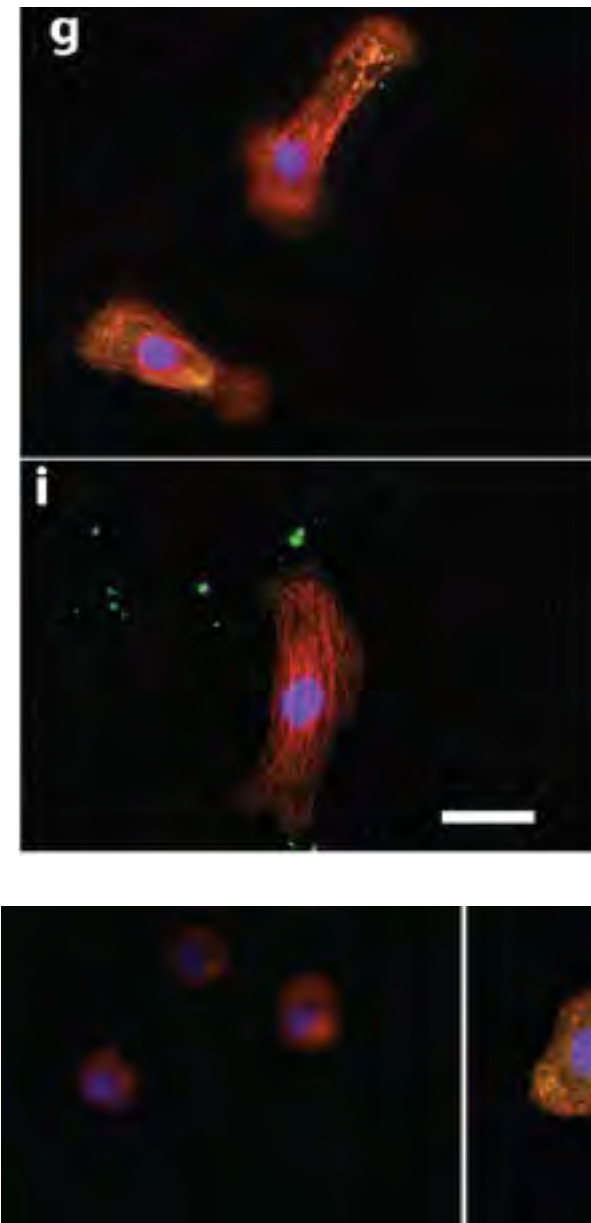
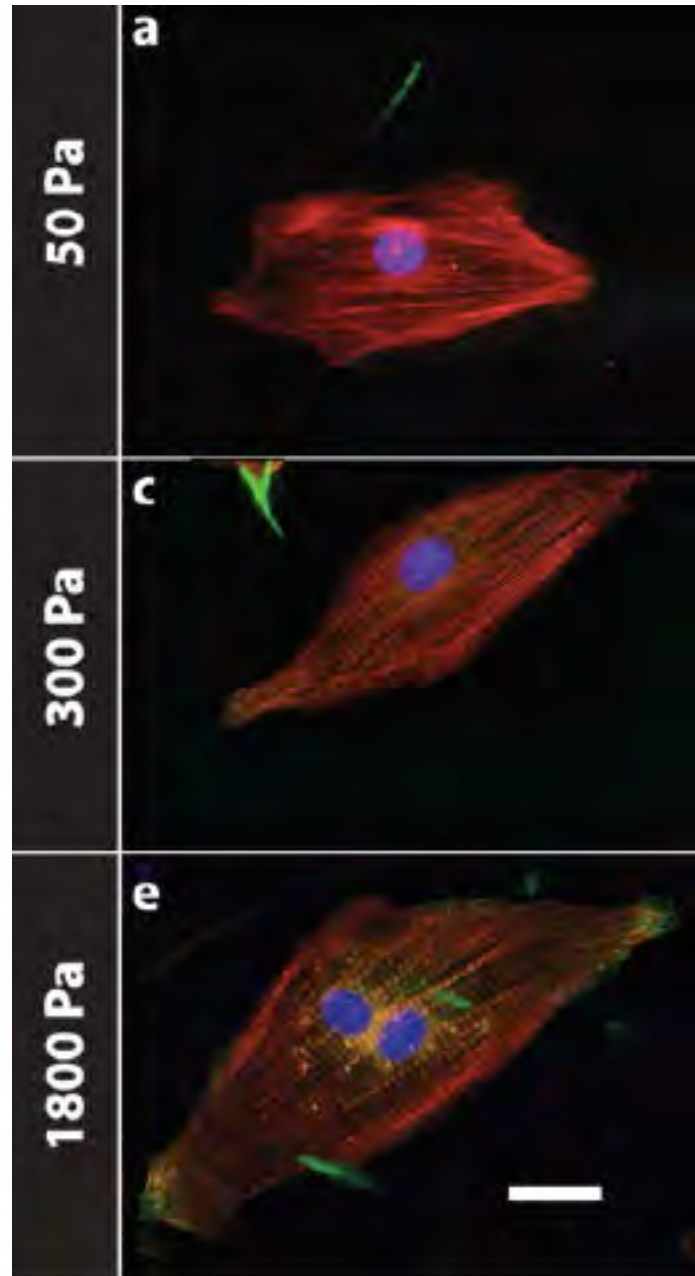
Mechanosensing depends on type of integrin engaged

Fn seems to be more efficient than collagen I or N-cadherin for driving native myocyte structure

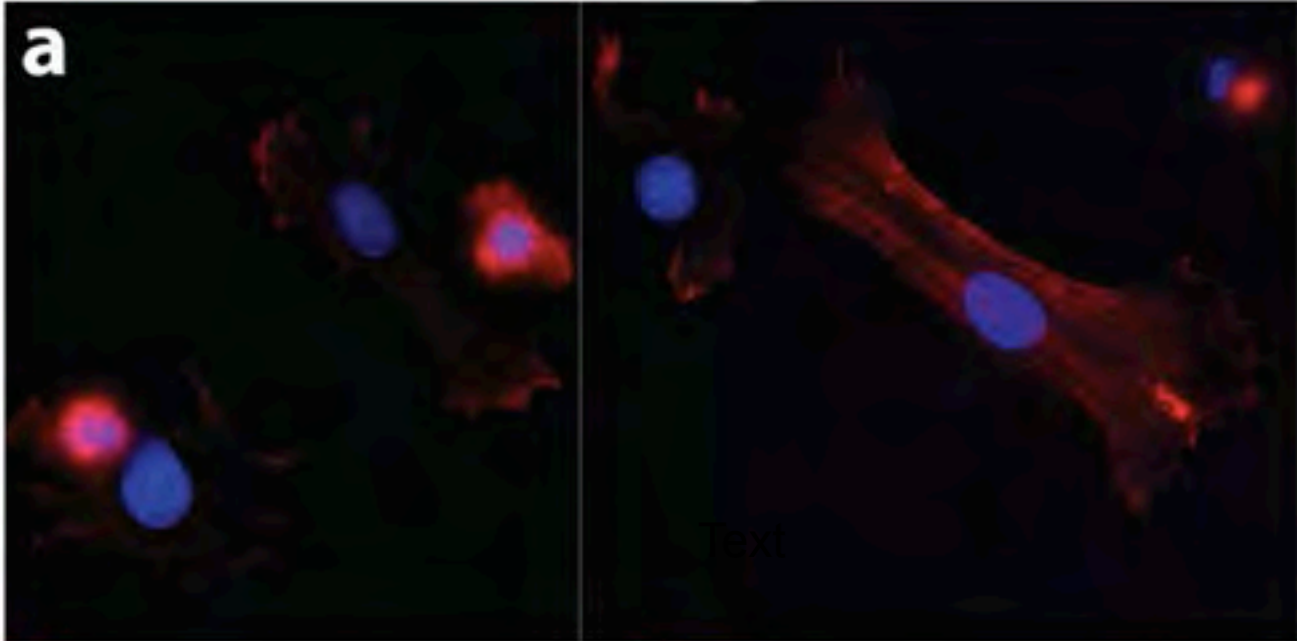
Stiffness sensing appears to occur on a  $\gg$  molecular scale

# Hyaluronic acid reprograms mechanosensing by cardiomyocytes

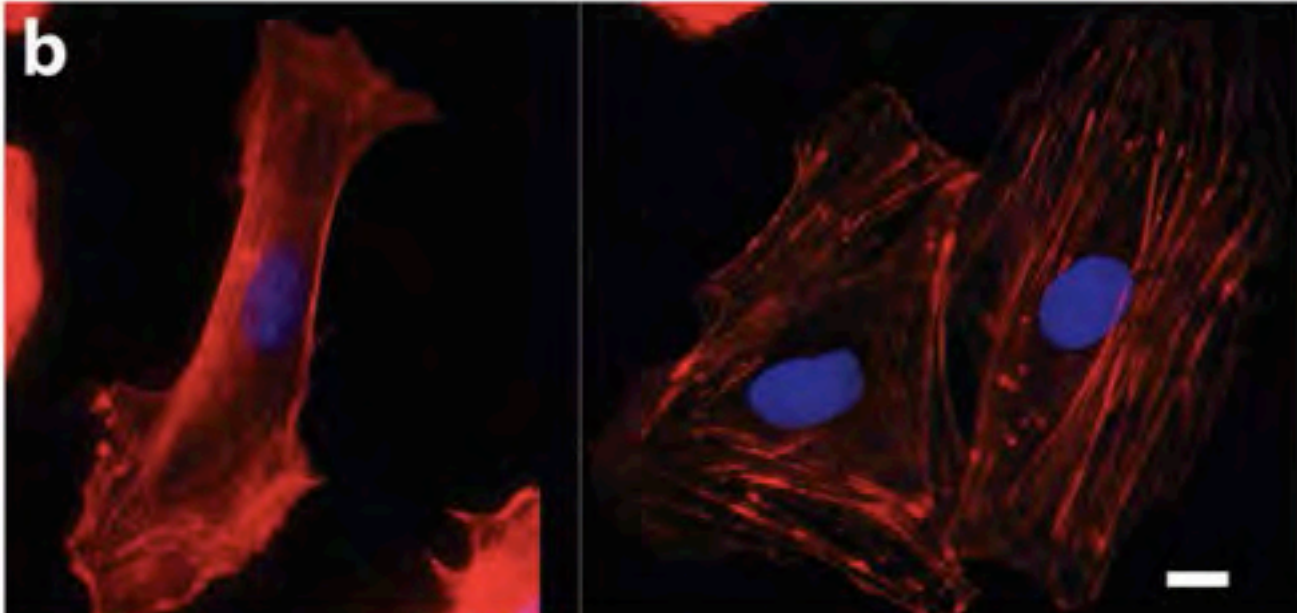
Fn-HA



# Cardiac fibroblasts form large actin fibers and adhesion complexes on very soft Fn-HA gels



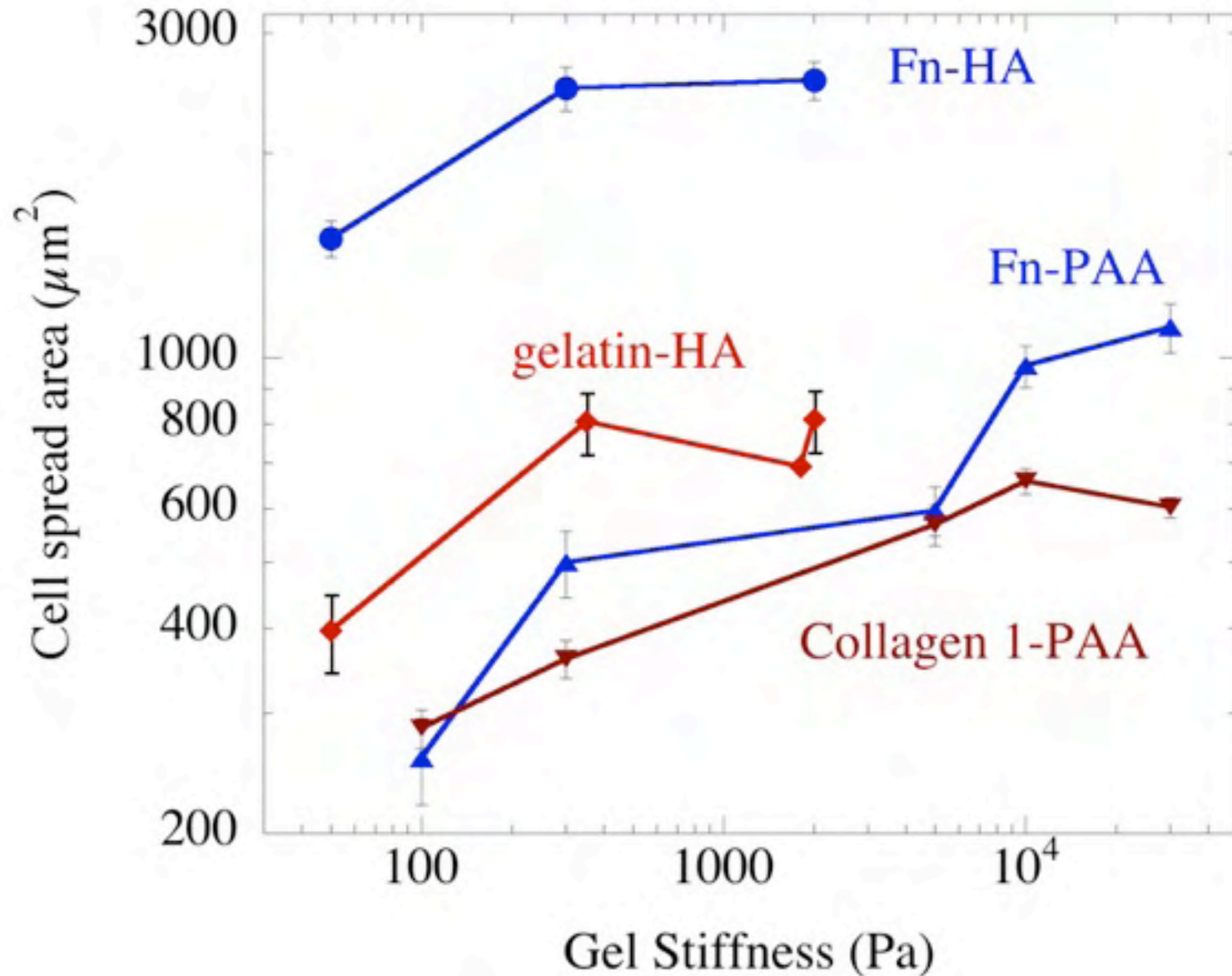
300 Pa Fn-PAA



300 Pa FN-HA

“**stress fibers**”  
without stress

# Hyaluronic acid reprograms mechanoresponse by cardiomyocytes



# Conclusions

Tissue stiffness is well-regulated and changes in disease

A cell's properties depend on the physical properties of its environment

The mechanism by which a cell senses extracellular matrix depends on the type of transmembrane complex by which it binds

Receptors for HA can reset the stiffness sensitivity of cells that adhere through integrins